

Kemi Adeola, Ph.D., is a nutrition and dietetics expert, dedicated educator, and researcher committed to advancing clinical nutrition, public health, and health equity. She currently serves as a clinical assistant professor in the Department of Nutritional Sciences at Howard University, where she plays a pivotal role in teaching, research, and mentorship.

With over a decade of experience in the field, Adeola has made significant contributions to clinical nutrition, food security, and health disparities. She earned her Ph.D. in Nutritional Sciences from Howard University, a master's in nutrition and dietetics from the University of the District of Columbia, and a bachelor's degree in biochemistry from the University of Ilorin, Nigeria. As a Registered Dietitian Nutritionist (RDN) and a Licensed Dietitian Nutritionist (LDN), she brings a wealth of expertise in medical nutrition therapy, functional nutrition, and evidence-based dietary interventions.

Adeola's research focuses on clinical nutrition, the impact of food insecurity on health outcomes, and the role of phytochemicals and bioactive compounds in disease prevention. She has led research projects and has authored peer-reviewed publications.

Beyond research, Adeola has played a key leadership role in fostering dialogue on health equity. For four consecutive years, she successfully led the planning and execution of Howard University's Health Disparities Symposium, a widely attended event that brought together national experts to address pressing issues in health disparities, social determinants of health, and nutrition equity. Her strategic vision and organizational expertise were instrumental in securing funding, coordinating speakers, and ensuring impactful discussions that have influenced both academic and policy-driven conversations on these topics.

Adeola's dedication to education is evident in her role as an instructor and mentor. She teaches a wide range of courses at Howard University, including Medical Nutrition Therapy Dry Lab, Nutrition Care Management, Community Nutrition Practicum, Food Service Practicum, Organizational Management Practicum, and Introduction to Nutrition. Passionate about student success, she actively mentors undergraduate and graduate students, guiding them in research, professional development, and leadership within the field of dietetics.

In addition to her academic work, Adeola is also engaged in professional consulting and has collaborated with organizations such as the United States Department of Agriculture (USDA).