

TEACHING EXPERIENCE

Assistant Instructor
Dry Needling Courses
Myopain Seminars, Bethesda, MD
April 2021—Present

Clinical Assistant Professor
Howard University, Washington, DC
August 2022—Present

Adjunct Clinical Assistant Professor
Howard University, Washington, DC
January 2017—August 2022

Clinical Instructor
Various Universities
Physical Therapy and Pain Management Center, Silver Spring/Riverdale Park, MD
February 2016—July 2022

Teaching Assistant
Musculoskeletal 1
University of North Carolina, Chapel Hill, NC
February 2014

PROFESSIONAL EXPERIENCE

Physical Therapist & Director of Education
Physical Therapy and Pain Management Center, Silver Spring/Riverdale Park, MD
April 2015—July 2022

PRN Physical Therapist
UNC Family Medicine Center, Chapel Hill, NC
January 2015—April 2015

Orthopedic Physical Therapy Resident
UNC Healthcare University Physical Therapy, Hillsborough, NC
July 2014—December 2014

Orthopedic Physical Therapy Resident
UNC Healthcare Ambulatory Care Center, Chapel Hill, NC
January 2014—July 2014

EDUCATION

The University of North Carolina at Chapel Hill
School of Medicine, Chapel Hill, NC
Credentialed Orthopedic Physical Therapy Residency
January 2015

Emory University
School of Medicine, Atlanta, GA
Doctorate of Physical Therapy
August 2013

Howard University
College of Nursing and Allied Health Sciences, Washington, DC
Bachelor of Science in Health Science with Emphasis in Pre-Physical Therapy
Cum Laude
May 2010

LICENSURE

License: Physical Therapy

November 2013—May 2023

CV

Michael T. Robinson, PT, DPT, OCS, CMTPT, CCTT

Organization: Maryland Department of Health and Mental Hygiene
License Number: 24807

License: Physical Therapy
Organization: District of Columbia Department of Health
License Number: PT872060

January 2017—January 2025

CERTIFICATIONS

Certification: Orthopaedic Clinical Specialist
Organization: American Board of Physical Therapy Specialties
Cert. Number: 46824

June 2015—June 2025

Certification: Functional Fascia Therapeutics Practitioner
Organization: Functional Fascia Therapeutics
Cert. Number: 070419

April 2019—Present

Certification: Certified Cervical and Temporomandibular Therapist
Organization: Physical Therapy Board of Craniofacial and Cervical Therapeutics
Cert. Number: 55

June 2018—Present

Certification: APTA Credentialed Clinical Instructor
Organization: American Physical Therapy Association

November 2016—Present

Certification: Certified Myofascial Trigger Point Therapist
Organization: Myopain Seminars

July 2015—Present

Certification: Basic Life Support for Healthcare Providers
Organization: American Heart Association

June 2010—May 2022

MEMBERSHIPS

National Association of Black Physical Therapists, Inc
Board Member

January 2018—Present

American Physical Therapy Association
Orthopedic Section
Maryland Chapter

October 2011—Present

PUBLICATIONS

Journal of Physiotherapy Theory and Practice

April 2016

Title: Clinical Diagnosis and Treatment of a Patient with Low Back Pain Using the Patient Response Model: A Case Report.

Description: Conducted a case report on a subject with low back pain utilizing a primarily hands-off technique that depends on subjective and objective responses.

Reference: Robinson, M. (2016, April 06). Clinical diagnosis and treatment of a patient with low back pain using the patient response model: A case report. *Physiotherapy Theory and Practice*, 32(4), 315-323. doi:10.3109/09593985.2016.1138175

Journal of Sport Rehabilitation

October 2014

Title: Gastrocnemius Stretching Program: More Effective in Increasing Ankle/Rear-Foot Dorsiflexion When Subtalar Joint Positioned in Pronation than in Supination.

Description: Worked collectively with advisors and peers using motion analysis to determine if individuals with current or recent history of lower extremity cumulative trauma injuries and tightness of the gastrocnemius muscle demonstrate more dorsiflexion at the ankle/rearfoot and less dorsiflexion at the midfoot during gastrocnemius stretching.

Reference: Johanson, M. A., Armstrong, M., Hopkins, C., Keen, M. L., Robinson, M., & Stephenson, S. (2014, October 13). Gastrocnemius Stretching Program: More Effective in Increasing Ankle/Rear-Foot Dorsiflexion When Subtalar Joint Positioned in Pronation than in Supination. *Journal of Sport Rehabilitation*, 24(3), 307-314. doi:10.1123/jsr.2014-0191

VOLUNTEER AND COMMUNITY INVOLVEMENT

Little Workers for the Sacred Hearts Pro Bono Clinic - Washington, DC
Preceptor

February 2023—Present

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Student Health Action Coalition Pro Bono Clinic - Carrboro, NC April 2015
Preceptor
Supervised physical therapy students who provide medical services to the uninsured through a cooperative effort of multidisciplinary students from the UNC Schools of Medicine, Pharmacy, Public Health, Nursing, Dentistry, and Social Work.

Pro Bono Clinic at Good Samaritan Health Center - Atlanta, GA April 2013
Graduate Clinician
Provided evaluations and treatments to a diverse, uninsured patient population with a wide array of diagnoses in an outpatient setting.

PROFESSIONAL PRESENTATIONS

Title: The Effect of Specific Exercise on Low Back and Leg Pain October 2014
Location: University of North Carolina-Chapel Hill
Length of Presentation: 60 minutes
Sponsor: Grand Rounds at UNC School of Medicine
Description: Presented to DPT students and faculty on the use of the widely researched treatment-based classification system, pathoanatomic model, and patient response model when treating a patient with low back and leg pain.

PROFESSIONAL DEVELOPMENT

Mindfulness, Emotional Intelligence and Sensitivity in Learning Environments - Washington, DC March 2023
Sponsor: Center for Excellence, Teaching, Learning, and Assessment
Contact Hours: 1

Exploring the Principles of Andragogy (Adult Learning) to Better Engage Learners - Washington, DC February 2023
Sponsor: Center for Excellence, Teaching, Learning, and Assessment
Contact Hours: 1

Combined Sections Meeting 2023 - San Diego, CA February 2023
Sponsor: APTA
Contact Hours: 16

Flipping the Online Classroom - Virtual October 2022
Sponsor: Center for Excellence, Teaching, Learning, and Assessment
Contact Hours: 1

NPTE Workshop for Educators - Alexandria, VA October 2022
Sponsor: FSBPT
Contact Hours: 20

Myofascial Release I - San Diego, CA March 2022
Sponsor: MFR Seminars
Contact Hours: 20

Lumbar & SI Dysfunction: Diagnosis & Mgmt w/ HVLAT Manip & Exercise - San Diego, CA October 2021
Sponsor: Spinal Manipulation Institute
Contact Hours: 15

Diagnostic Ultrasound for the Assessment and Dry Needling of Tendinopathy - Riverdale Park, MD May 2021
Sponsor: Integrative Dry Needling
Contact Hours: 16

Supporting the LGBTQ Senior in Healthcare - Virtual January 2021
Sponsor: PhysicalTherapy.com
Contact Hours: 2

Sports Nutrition - Virtual January 2021
Sponsor: PhysicalTherapy.com
Contact Hours: 2

Advanced Dry Needling Dissection - Colorado Springs, CO October 2020

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Sponsor: Myopain Seminars
Contact Hours: 23

PT Evaluation and Management of TMD: Past, Present and Future Webinar - Virtual July 2020
Sponsor: Myopain Seminars
Contact Hours: 1

Changing of the Guard: Effective Pain Management Strategies to Impact Opioid Prescribing Practices - Virtual May 2020
Sponsor: APTA District of Columbia
Contact Hours: 2

Extremity Manipulative Therapy - Washington, DC October 2019
Sponsor: American Academy of Manipulative Therapy
Contact Hours: 15

Cranio-Cervical Pain and Dysfunction - Riverdale Park, MD October 2019
Sponsor: Dr. Ma's Integrative Dry Needling
Contact Hours: 8.25

Fu's Subcutaneous Dry Needling - Bethesda, MD April 2019
Sponsor: Myopain Seminars
Contact Hours: 15

43rd Scientific Meeting - San Diego, CA May 2019
Sponsor: American Academy of Orofacial Pain
Contact Hours: 7

Combined Sections Meeting 2019 - Washington, DC January 2019
Sponsor: APTA
Contact Hours: 6

Level 1 Blood Flow Restriction Training - Riverdale Park, MD August 2018
Sponsor: Smart Tools
Contact Hours: 9

Combined Sections Meeting 2018 - New Orleans, LA February 2018
Sponsor: APTA
Contact Hours: 18

Complicated and Post-Surgical TMC Treatment - Bethesda, MD November 2017
Sponsor: Eureka Seminars
Contact Hours: 16

The Temporomandibular Complex - Bethesda, MD August 2017
Sponsor: Eureka Seminars
Contact Hours: 16

The Sub-Occipital Complex - Bethesda, MD June 2017
Sponsor: Eureka Seminars
Contact Hours: 16

Basic Cranio-Facial (Online) May 2017
Sponsor: University of St. Augustine
Contact Hours: 20

High-Velocity Low-Amplitude Thrust Manipulation of the Cervical Spine - San Diego, CA September 2016
Sponsor: Spinal Manipulation Institute
Contact Hours: 15

Fundamentals of Instrument Assisted Soft Tissue Mobilization - Silver Spring, MD March 2016
Sponsor: Medical Minds in Motion

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Contact Hours: 7

Clinical Examination for Diagnosis of Shoulder Conditions - Anaheim, CA

February 2016

Sponsor: Combined Sections Meeting 2016

Contact Hours: 2

Rotator Cuff Disease: Evidence and Clinical Expertise - Anaheim, CA

February 2016

Sponsor: Combined Sections Meeting 2016

Contact Hours: 2

Diagnostic and Treatment Classification of Patient With TMD - Anaheim, CA

February 2016

Sponsor: Combined Sections Meeting 2016

Contact Hours: 2

High-Velocity Low-Amplitude Thrust Manipulation - Atlanta, GA

January 2016

Sponsor: Spinal Manipulation Institute

Contact Hours: 15

Evaluation and Treatment of Temporomandibular Disorders - Glen Burnie, MD

September 2015

Sponsor: Maryland Physical Therapy

Contact Hours: 15

Dry Needling Program: Advanced - Bethesda, MD

July 2015

Sponsor: Myopain Seminars

Contact Hours: 32

Dry Needling Program: Foundations II - Bethesda, MD

June 2015

Sponsor: Myopain Seminars

Contact Hours: 34

Dry Needling Program: Foundations I - Bethesda, MD

May 2015

Sponsor: Myopain Seminars

Contact Hours: 34