# Aisha Bonner Cozad

### **Teaching Experience**

**2014–Current** Associate Adjunct Professor• School of Social Work • Howard University

### Courses Taught:

Social Work and the Black Perspective

Advocating for Oppressed and Marginalized Populations

**Community & Organization Practice** 

2006–2012

Woodbridge, VA 22193

Ladya352012@gmail.com

aabonner@howard.edu

703-408-2585

Teaching Assistant • School of Social Work • Howard University

[Collaborated on curriculum and exam development, met with students upon request, and graded written/electronic work, including final exams.]

### Courses Taught:

Social Welfare Policy and Services I.

Social Welfare Policy and Services II.

Community & Organization Practice.

Advanced Community Organizing.

Seminar in Advanced Social Policy Analysis.

### **Education**

### Howard University, Washington, D.C.

• Ph.D. in Social Work 2012; MSW in Social Work 2006

SUNY Geneseo, Geneseo, NY

• B.S. in Special Education

### **Professional Experiences**

Senior Research Advisor, Strategic and Local Research-AARP 2018-present

- Independent research consultant for the AARP West and Central Regions
- Independently conceptualizes and designs primary research projects
- Conducts quantitative and qualitative data analyses
- Designs writes and presents research findings to clients and collogues
- Acts as a consultant to state and national partners

# *Research Advisor,* State Research-AARP 2012-2018

- Independent research consultant for the AARP South Central State offices
- Independently conceptualizes and designs primary research projects
- Conducts quantitative and qualitative data analyses
- Designed, wrote, and presented research findings to clients and collogues
- Project lead for multi-state research portfolios

### Research Specialist, State Research-AARP

#### 2008-2012

- Contributed to research conceptualization and design
- Implemented data collections procedures
- Conducts quantitative and qualitative data analyses
- Prepared written, graphic, and tabular materials summarizing research findings
- Supported individual research projects and portfolios of research

#### Research Technician, Strategic Issues Research-AARP

#### 2006-2008

- Implementation of data collection procedures
- Preparation of data for analysis
- Conduct basic data analysis
- Prepares materials included in research deliverables
- Development and programming of online surveys
- Lead on NRTA Membership Building Project

# *Counselor,* Transitional Services, Inc. 2001-2004

- The primary purpose was to create with the resident a plan of services that would enable them to transition to community living.
- This work included meeting with residents and families, designing goals and

objectives that fit their needs and providing them with appropriate skills.

- Assisted the residents with their issues concerning symptom management.
- Responsible for all outside provider contacts, client assessments, linkages to programs services, transition planning, service plan reviews, and maintenance of resident's official files.

## **Residential Counselor,** Transitional Services, Inc.

### 2000-2001

- Duties included direct care, daily living skills, maintenance of the physical plant, and working with residents on their service plan goals/objectives (Medicaid Billing).
- The primary purpose was to help residents develop the needed skills to transition into community living with a minimum of supports.
- Residential Counselor, Western New York Learning Disabilities Association of WNY
- Primary tasks were to teach skills of daily living for adults with learning disabilities.
- The adults in the facility were preparing for independent living.
- I served as a primary counselor for one resident.
- Administered medications and processed monthly consumer reports as well as daily log entries.

# *Special Education Teacher,* Rochester City School District 1997-1998

- Taught at Edison Technical and Occupational High School.
- I taught non-credit science, 10th grade English, global studies, earth science, and a resource class.
- Responsible for lesson planning and implementation for annual reviews of students IEP's.

# Special Education Teacher, Rochester City School District 1996-1997

- Taught in School #14 in a 12:1:1 classroom.
- The class was created in the middle of the school year to comply with state and federal guidelines.
- The class consisted of Kindergarten and first graders.

### Memberships & Affiliations

- Voting Member of Howard University School of Social Work's Doctoral Committee, 2007
- Member National Association of Social Workers, since 2002.
- Member Gerontological Society of America, since 2006
- Member Association for Gerontology Education in Social Work (AGE-SW), since 2006

- Member Society for Social Work and Research, since 2006
- Member Society for the Study of Social Problems, since 2007
- Emerging Scholar and Professional Organization (ESPO) of The Gerontological Society of America
- Blackboard Certified- Howard University, 2014
- Distance Learning Certified-Howard University, 2015
- Online Course Assessment Certified- Howard University, 2016

#### Conference Presentations

- Cozad, A.B. (2020). Strategies for Leveraging the Power of Educators: A Real-World Example and Research. Presented at the NRTA Conference, March 2020
- Cozad, A.B. (2019). Innovation in Safe Driving with 50+ Populations. Presented at Certified Senior Advisors Conference, August 2019
- Cozad, A.B. (2019). Telehealth Interest Predictors. Presented at American Society on Aging, April 2019
- Cozad, A.B. & Sampson, M. (2019). Innovation in Safe Driving with 50+ Populations. Presented at American Society on Aging, April 2019
- Cozad, A.B., & Cantave, C. (2019). Home and Community Preferences Survey: LGBT Respondents. Presented at Creating Change Conference, January 2019
- Cozad, A.B. (2018). Non-Economic Cost of Caregiving. Presented at American Society on Aging, April 2018.
- Cozad, A. B., & Sourjohn, M. (2018) Lifelong Disparities Among Older American Indians and Alaskan Natives, Presented at American Society on Aging, March 2018
- Cozad, A. B. (2017) Aging Forum: Older Adults with Disabilities-Interest, Needs, and Concerns. Presented at Pacific Rim International Conference on Disability and Diversity, October 2017
- Cozad, A. B. (2017) Tableau Demonstration of AARP Caregiving Data. Presented at National Conference of State Legislatures, August 2017
- Accius, J., Cantave, C., & Cozad, A. B. (2017) Disrupting the Perception of the Male Caregiver. Presented at American Society on Aging, March 2017
- Cozad, A.B. (2016). Caregiver Stress: The Relationships Between Caregiver Tasks, Perceived Importance of Community Support and Increased Presented at Gerontological Society of America, November 2016.
- Cozad, A. B., & Cantave, C. (2016) The Mis-perceptions of Aging and Ageism. Presented at the International Conference on Positive Aging.
- Bonner, A. (2015) Brain Health and Wellness for the 50+. Presented



at Howard University Multidisciplinary Gerontology Center in the School of Social Work: Staff Development Training Series. May 20, 2015.

- Bonner, A. (2012). Bridging the Professional Digital Divide Comparative Analysis of Technology Usage Behaviors Across The Working Lifespan Of Professional Social Workers: A Quantitative Study. Presented at Gerontological Society of America, November 2012.
- Bonner, A. (2008). Telemedicine: Radical Method To Reduce Health Care Disparities Among Older Minority Populations. Presented at International Conference on Aging, Disability, and Independence, February 2008
- Bertera, E.M., Tran, B.Q., Wuertz, E., Bonner, A. (2006). Technology and Aging: Attitudes About Technology and Beliefs About Successful Aging Among Older Inner-City African Americans. Presented at the Oxford Roundtable for Successful Aging, Oxford, England, August 2007
- Bertera, E.M., Bonner, A. (2007). Aging and Technology: A New Frontier for Social Work. Presented at the NASW Metro DC Chapter Conference.
- Bertera, E.M., Tran, B.Q., Wuertz, E., Bonner, A. (2006). Technology and Aging: Attitudes About Technology and Beliefs About Successful Aging Among Older Inner-City African Americans. Presented at the 59th Annual Scientific Meeting of the Gerontological Society of America, Dallas, Texas, November 2006.
- Cameron, M., Turkiewicz, R., Holdaway, B., Goodman, J., Bill, J., Lorenz, C., & Bonner, A. (2005) Teaching Organizational Theory and Practice: An Experiential and Reflective Approach. Presented at the 51st Annual Program Meeting of the Council on Social Work Education, New York, February 2005

### Academic Research Experience

- 2005-2006: Worked as a Graduate Assistant for Dr. Elizabeth Bertera on the Successful Aging study at Edgewood Terrace (Washington, D.C.). Primary duties include conducting face-to-face surveys with residents of Edgewood Terrace, data entry (SPSS 14.0), and literature review.
- 2003-2004: Worked as a Graduate Assistant for Dr. Mark Cameron on the Kensington High School study. Primary duties included, telephone interviewing, classroom observations, and data coding.

### **Fellowships**

Hartford Pre-Dissertation Fellow-awarded 2006

### **Publications**

- Bonner Cozad, Aisha, Kate Bridges, and Cassandra Cantave. Vital Voices. Washington, DC: AARP Research, December 2021.
- Bonner Cozad, Aisha, Kate Bridges, and Cassandra Cantave. Vital Voices. Washington, DC: AARP Research, June 2020. https://doi.org/10.26419/res.00351.001
- 2016 AARP Oregon Caregiving Study (Jan 2017) Washington DC: AARP Research
- 2016 AARP Nebraska Survey of 18-plus Opinions on Payday Lending (Jan 2017) Washington DC: AARP Research
- Livability For All: The 2016 AARP Age-Friendly Community Survey of Mecklenburg County, NC. (Sept 2016) Washington DC: AARP Research
- The Path to Livability: A Resident Survey of Jacksonville, Florida. (Apr 2016) Washington DC: AARP Research
- Livability For All: The 2016 AARP Age-Friendly Community Survey of Phoenix, Arizona. (March 2016) Washington DC: AARP Research
- 2016 Consumer Fraud State Fact Sheets. (Aug 2016) Washington DC: AARP Research
- 2016 AARP Florida Caregiving Study. (Sept 2016) 3, pages pp.
- 2015 AARP Caregiving Survey of Nebraska Registered Voters Age 45-Plus: Financial Support for Family Caregivers. (Jan 2016) 2, pages pp.
- 2015 AARP Caregiving Survey of Nebraska Registered Voters Age 45plus: Family Caregiver Profile. (Jan 2016) 2, pages pp.
- 2015 AARP Caregiving Survey of Nebraska Registered Voters Age 45-Plus: Support for Family Caregivers When Loved Ones Are Hospitalized. (Jan 2016) 2, pages pp.
- 2015 AARP Kentucky Caregiving Study. (Jan 2016) 2, pages pp.
- 2015 AARP Montana Caregiving Study. (Jan 2016) 2 pages pp.
- 2015 AARP Wyoming Caregiving Study. (Jan 2016) 2, pages pp.
- Summary of 2014 Caregiving State Research. (Dec 2015) 15, pages pp. Internal Use Only
- 2015 Tennessee Registered Voters Age 45 and Older Opinions and Experiences on Critical Caregiving Issues. (Oct 2015) 36, pages pp.
- 2015 AARP Caregiving Survey of Massachusetts Registered Voters Age 45 and Older: Advanced Nursing Practice. (July 2015) 2, pages pp.
- 2015 AARP Caregiving Survey of Massachusetts Registered Voters Age 45 and Older: Family Caregiver Profile. (July 2015) 2, pages pp.
- 2015 AARP Caregiving Survey of Massachusetts Registered Voters Age 45 and Older: Nurse Delegation. (July 2015) 2, pages pp.

- 2015 AARP Caregiving Survey of Massachusetts Registered Voters Age 45 and Older: Personal Care Attendants. (July 2015) 2, pages pp.
- 2015 AARP Caregiving Survey of Massachusetts Registered Voters Age 45 and Older: Support for Family Caregivers When Loved Ones are Hospitalized. (Jul 2015) 2, pages pp.
- 2015 AARP Caregiving Survey of Texas Registered Voters Age 45 and Older: Family Caregiving Profile. (June 2015) 2, pages pp.
- 2015 AARP Caregiving Survey of Texas Registered Voters Age 45 and Older: Nursing Home Care. (June 2015) 2, pages pp.
- 2015 AARP Caregiving Survey of Texas Registered Voters Age 45 and Older: Support for Family Caregivers When Loved Ones are Hospitalized. (June 2015) 2, pages pp.
- AARP National Caregiving Survey of Registered Voters Age 40 and Older 2015. Bonner, Aisha. AARP. Research Center, Washington, DC (Mar 2015) 5 pp.
- AARP Caregiving Survey of Kansas Registered Voters Age 45 and Older: Support for Family Caregivers When Loved Ones Are Hospitalized 2014. Bonner, Aisha. 2014 AARP Kansas Caregiving Study Briefs. (Jan 2015) 2 pp.
- AARP Caregiving Survey of Kansas Residents Age 45 and Older 2014. Bonner, Aisha. 2014 AARP Kansas Caregiving Study Briefs. AARP. Research Center, Washington, DC (Jan 2015) 2 pp.
- AARP Caregiving Survey of Kansas Residents Age 45 and Older: Advanced Nursing Practice 2014. Bonner, Aisha. 2014 AARP Kansas Caregiving Study Briefs. (Jan 2015) 2 pp.
- AARP Caregiving Survey of North Dakota Registered Voters Age 45 and Older: Family Caregivers 2014. Bonner, Aisha. 2014 North Dakota Caregiving and Financial Security Study Briefs. (Jan 2015) 2 pp.
- AARP Caregiving Survey of North Dakota Registered Voters Age 45 and Older: Support for Family Caregivers When Loved Ones Are Hospitalized 2014. Bonner, Aisha. 2014 North Dakota Caregiving and Financial Security Study Briefs. (Jan 2015) 2 pp.
- Retirement Savings: Financial Security Among North Dakota Registered Voters 45 and Older. Bonner, Aisha. 2014 North Dakota Caregiving and Financial Security Study Briefs. AARP. Research Center, Washington, DC (Jan 2015) 2 pp.
- Caregiving Survey: Opinions and Experiences of Alabama Registered Voters, Age 45 and Older. Bonner, Aisha. AARP. Research Center, Washington, DC (Dec 2014) 28 pp.
- Growing Dimensions of Caregiving in America: 2014 AARP Oregon Caregiving Survey. Bonner, Aisha. AARP. Research Center, Washington, DC (Dec 2014) 30 pp.
- Livable Communities Survey of Montgomery County, Tenn.,

Registered Voters Age 45+ 2014. Bonner, Aisha. AARP. Research Center, Washington, DC (Nov 2014) 39 pp.

- 2014 AARP Livable Communities Survey of St. Louis County, Missouri, Adults Age 45+. Bonner, Aisha. AARP. Research Center, Washington, DC (Sep 2014) 60 pp.
- AARP Survey of 18+ Ohio Registered Voters on Medicaid Expansion 2013. Bonner, Aisha. AARP. Research Center, Washington, DC (Sep 2014) 15 pp. 2013 AARP survey of 45+ Missouri residents on Medicaid expansion. Bonner, Aisha. AARP. Research & Strategic Analysis, Washington, DC (Apr 2013)
- AARP survey of 18+ Nebraska residents on Medicaid expansion 2013. Bonner, Aisha. AARP. Research & Strategic Analysis, Washington, DC (Apr 2013)
- AARP Survey of 45+ South Carolina Residents on Medicaid Expansion 2013. Bonner, Aisha. AARP. Research & Strategic Analysis, Washington, DC (Mar 2013)
- Maintaining independence and quality of life: a livable community survey in Blount County, Tennessee. Bonner, Aisha. AARP. Research & Strategic Analysis, Washington, DC (Jan 2013)
- Transportation needs assessment of Pottawatomie County, Oklahoma, 2012. Bonner, Aisha. AARP. Research & Strategic Analysis, Washington, DC (Jan 2013)
- 2011 AARP survey of Texans age 18+ on payday and auto-title lender issues. Bonner, Aisha. AARP. Research & Strategic Analysis, Washington, DC (Apr 2012)
- Maintaining independence and quality of life: a livable community survey in Crossville, Tennessee. Bonner, Aisha. AARP. Research & Strategic Analysis, Washington, DC (Apr 2012)
- 2011 AARP survey of Texans age 18+ on payday and auto-title lender issues. Bonner, Aisha. AARP. Research & Strategic Analysis, Washington, DC (Apr 2012)
- 2010 AARP Illinois statewide survey of members. Bonner, Aisha. AARP. Research & Strategic Analysis, Washington, DC (Oct 2010)
- Survey of AARP Vermont members age 50+ on health and livable community issues, 2010. Bonner, Aisha. AARP, Knowledge Management, Washington, DC (Mar 2010)
- Cameron, M., Turkiewicz, R., Holdaway, B., Bill, J., Goodman, J., Bonner, A., Daly, S., Cohen, M., Lorenz, C., Wilson, P., & Rusk, J. (2009). Teaching organization theory and practice: An experiential and reflective approach. Journal of Teaching in Social Work (29)1, p. 71-84.
- Bertera, M. E., Tran, Q., B., Wuertz., M., E., & Bonner, A. (2007). A study of the receptivity to telecare technology in a community-based



elderly minority population. Journal of Telemedicine and Telecare E, (13)7, p. 327-332

