# EDUCATION

**University of Pennsylvania-**Philadelphia, Pennsylvania

Social Work

**Doctorate of Clinical Social Work (DSW)**

May 2015

**Rosemont College-** Rosemont, Pennsylvania,

Business Administration

Health Care Administration (concentration)

**Master of Business Administration (MBA)**

May 2010

**Temple University-** Philadelphia, Pennsylvania

**Masters of Social Work (MSW)**

May 1999

**Bachelor of Social Work (BSW)**

May 1998

CERTIFICATES

University of Maryland

**Post-Graduate Certificate in Maternal and Child Health Leadership**, **January 2013**

Rosemont College

**Healthcare Administration Graduate Certificate, May 2010**

LICENSES

**Pennsylvania**-Clinical Social Worker, LCSW

**Maryland**-Licensed Certified Clinical Social Worker LCSW-C

**District of Columbia**-Individual Clinical Social Worker, LICSW

ACADEMIC COURSES

**Assistant Professor**

**Howard University-Washington, DC**

**08/2017-present**

**School of Social Work**

SWPS 427-Social Work in Health Care Settings I

SWPS 428-Social Work in Health Care Settings II

SWHB 302-Psychopathology

SWDS 100-Social Work Practice & Process (Methods I)

SWDS 309-Intevention & Planning (Methods III)

SWDS 317-Interventions with Select Clinical Problems (Methods IV)

SWFI 336-Field Education II Integrative Seminar

SWFI 336-Field Education III Integrative Seminar

SWFI 336-Field Education IV Integrative Seminar

**Assistant Clinical Professor**

**Widener University-Chester, PA**

**07/2015-08/2016**

**Center for Social Work Education**

SW 501-Human Behavior in the Social Environment (online)

SW 502 -Human Behavior in the Social Environment II (online)

SW 503- Interpersonal Group Processes (traditional/online)

SW 540- Social & Economic Justice (traditional/online)

SW 664- Treating Trauma (online)

SW 699-Medical Social Work (traditional)

**Teaching Assistant**

**University of Pennsylvania-Philadelphia, PA**

**08/2014-05/2015**

**School of Social Policy and Practice**

SWRK 732-Integrative Seminar in Child Welfare

SWRK 798-Clinical and Macro Child Welfare Practice

**Adjunct Faculty**

**Temple University-Philadelphia, PA**

**08/2013-05/2015**

**College of Health Professions & Social Work**

SW 3007-Human Behavior in the Social Environment

SSW 8101-Clinical Social Work Practice I

SSW 8102-Clinical Social Work Practice II

EXPERIENCE

**Assistant Professor**

**Howard University, Washington, DC**

**School of Social Work**

**August 2017-Present**

Provide instruction for students in the graduate social work program. Participate in faculty, Community and Policy Practice and Field of Practice meetings.

* Course instruction for required courses & field of practice course
* Instructor for Agency-based education courses
* Provide academic advising and counseling to graduate students each semester
* Conduct clinical supervision for students in field placements
* Lead graduate students in university events, international trips and activities
* Attend Junior Faculty Forum professional development
* Conduct presentations for PDCE & Agency-based Education
* Present at local and national annual conferences
* Publish articles in peer-reviewed journals
* Administrative support for reaffirmation & online program
* Participate in University and HUSSW events and programs
* Serve on HUSSW committees & faculty mentor for Founders Fellowship Program
* Evaluate and review prospective student application for admission each semester
* Provide leadership and mentorship to MSW/PhD students through graduate and research assistantships
* Participate clinical documentation training and clinical simulations/tele-simulations observations and feedback for MSW participating in the HU behavioral health workforce education (BHWET), HRSA training grant

**Post-doctoral Fellowship**

**Health Education and Leadership Scholars (HEALS) Health Policy Fellowship**

**National Association of Social Workers-Washington, DC**

**August 2016-August 2017**

Health policy fellowship with the largest social work organization in the country. Participate in health care policy practice and analysis.

* Develop and plan policy summits
* Collaborate with congressional leaders, senior civil formers, and various health policy fellows
* Lead Congressional Hill visits for HEALS graduate students
* Attend & conduct health policy briefings on Capitol Hill and Think-Tank organizations
* Attend bi-weekly policy seminars
* Develop perinatal social work health care practice standards
* Organize and obtain sponsorship for Congressional briefing
* Facilitate Congressional briefing on doctoral research topic
* Participate in health policy expert panels and webinars

**ASWB Social Work Licensure Exam Item Writer Consultant**

**Association of Social Work Boards-Culpeper, VA**

**July 2016-July 2022**

Develop test questions for the social work licensure exam for the U.S. and Canada. Provide literature and evidence-based documentation for each question.

* Completed ASWB item writer training
* Collaborated with consultant to develop test questions annually
* Submit and edit test questions for the MSW licensure exam

**Assistant Clinical Professor**

**Widener University, Chester, PA**

**School of Social Work**

**August 2015-August 2016**

Provide traditional and online instruction for students in the graduate social work program. Participate as a member of institutional governance committees.

* Provide instructions for traditional and online graduate courses
* Offer academic advising and counseling to graduate students
* Conduct clinical supervision for students providing clinical counseling
* Publish articles in peer-reviewed journals

**Adjunct Faculty**

**Temple University-Philadelphia, PA**

**School of Social Work**

**August 2015-May-2016**

Provide in-person instruction for students in the graduate social work program.

**Teaching Assistant**

**University of Pennsylvania-Philadelphia, PA**

**School of Social Policy and Practice**

**August 2014-May 2015**

Provide instructional and administrative support to professor in the graduate social work program.

**Licensed Clinical Social Worker, Mental Health Therapist**

**Mays Family Therapy, Philadelphia, PA**

**May 2015-August 2016**

**Mays Family Therapy LLC, Maryland/DC/PA**

**June 2016-present**

Own and operate a mental health private practice. Conducted outpatient mental health services and employee assistance mental health support services.

* Own and operate private mental health practice
* Complete mental health evaluations, diagnostics, and assessments
* Develop objectives and treatment plans
* Monitor psychotropic medications and collaborate with psychiatrist
* Provide psychotherapy for children, individuals, and families
* Oversee billing and reimbursement for insurance companies
* Provide of Employee Assistance Program services
* Provide early childhood mental health consultation service to the DHHS
* Provide mental health consultation for Montgomery County DHHS

**Medical Social Worker and Case Manager**

**Hospital of the University of Pennsylvania**

**Philadelphia, PA**

**December 2000 -July 2015**

Support administrators and staff in executing the objectives and hospital mission. Manage project/programs that promote exceptional clinical services and family centered care.

* Penn Medicine Academy Learning Ambassador conducting new employee orientation
* Develop task force to collaboratively assess operational issues, develop ideas, and provide interventions.
* Provide continuing education credits for nurses
* Penn’s Way Campaign Captain
* Developed group support programs for patients and families
* Supervised graduate students

PROGRAM LEADERSHIP

**Treasurer**

**National Association of Perinatal Social Workers (NAPSW)**

**July 2022-June 2024**

Provides financial leadership and accounting for organization. Responsible for accurate financial record keeping for NAPSW finances, Chairs the finance committee and maintains participation in the program committee.

* Make payment for organization’s expenditures
* Submits budgets and reports to the BOD and membership
* Completes IRS and other forms and submits them according to deadlines
* Sets direction for fiscal policies for the organization
* Reviews and remains in compliance with organizational bylaws.

**Maternal Mental Health Advisory Panel Member**

**American Psychological Association (APA)**

**March 2022-November 2022**

A 15–20-member psychiatry and behavioral health panel to inform all aspects of the research project including survey instrument development, focus group questions and review of deliverables. Serve as the National Association of Social Workers (NASW) maternal and child health expert and leader. NASW representative for the APA’s Advisory Panel addressing barriers related to the mental health care of pregnant women with mental illness.

* Identify literature review topics
* Examine and approve research surveys and focus group questions
* Oversee process and performance measures
* Provide ideas for research recruitment and dissemination
* Plan pregnant women focus group and provider focus group, clinical trainee focus group
* Participate in roundtable debriefing and fine-tuning of evidence
* Review perinatal behavioral healthcare toolkit
* Review final report, fact sheet & webinar

**National Academies of Science, Engineering**

**and Medicine Health Professional Education**

**Forum Workshop Planning Committee (HPE)**

**February 2021-April 2021**

Planning Committee member for*Lessons Learned in Health Professions Education from the COVID-19 Pandemic: A Workshop Series. Plan a* workshop series on health professional education to examine what was learned from COVID 19 and how it can be applied to improve health profession education (HPE). Workshops will explore lessons learned in grand challenges facing HPE stemming from the COVID-19 pandemic and how those positive and negative experiences might inform development of sustainable improvements in the value, effectiveness, and impact of HPE.

* Identify and invite presentations and discussions that involve a global audience
* Present examples and evaluation of online didactic and clinical education.
* Highlight innovation in interprofessional education and learning opportunities within the social determinants of health and mental health
* Focus on diversity, equity, inclusion, and racism
* Present impacts on pre-clinical and clinical education
* Discuss regulatory and accreditation changes affecting HPE
* Present stress and workload on students and faculty

**CSWE Health Curricular Guide Task Force**

**October 2020-July 2022 (CSWE APM)**

Provide expertise in the development of the 2015 EPAS Curricular Guide Resource Series. The guide will describe the knowledge, values, skills, and cognitive and affective processes that comprise each of the nine social work competencies for specialized practice.

* Develop the 2015 EPAS Curricular Guide
* Identify resources to help faculty conceptualize and teach specialized practice
* Collaborate with the national task force to increasing competence in understanding health and health care settings through a development of a guide to serve as a resource to help faculty conceptualize this specialized practice.
* Contribute to Competency 8: Intervene with Individuals, Families, Groups, Organizations, and Communities

**CSWE/Erickson Institute, Infant and Early Childhood Mental Health and Developmental Neuroscience National Task Force**

**Chicago, Il**

**January 2020-March 2022 (CSWE APM)**

Provide expertise in the development of the 2015 EPAS Curricular Guide Resource Series. The guide will describe the knowledge, values, skills, and cognitive and affective processes that comprise each of the nine social work competencies for specialized practice.

* Develop the 2015 EPAS Curricular Guide
* Identify resources to help faculty conceptualize and teach specialized practice
* Collaborate with the national task force to increasing competence in understanding infant and early childhood mental health through the development of a guide to serve as a resource to help faculty conceptualize this specialized practice.
* Contribute to Competency 6: Engage with Individuals, Families, Groups, Organizations, and Communities workgroup

**Jane B. Aron/Social Work HEALS Fellowship Panel**

**National Association of Social Workers Foundations & New York Community Trust**

**April 2020**

* Consider doctoral applicants for $14,850 stipend with research dissertations related to health care practice, policy, and education
* Review doctoral research dissertations for the Jane B. Aron/HEALS fellowship
* Select finalists and award winner

**Eileen Blackey Doctoral Fellowship Panel**

**National Association of Social Workers Foundation**

**May 2020**

* Consider doctoral applicants for $5,500 education stipend and funds for professional development
* Review doctoral research dissertations for the Eileen Blackey Doctoral Fellowship
* Select finalists and award winner

**DC Maternal Mortality Review Committee (MMRC), Mayoral Appointment**

**Washington, DC**

**July 2019-Present**

Identifying and characterizing the scope and nature of maternal mortalities for residents in DC.

* Record data patterns that are observed surrounding maternal mortalities
* Examine past events and circumstances surrounding maternal mortalities by reviewing records and other pertinent documents of public agencies
* Recommend systemic improvements to promote improved and integrated public and private systems serving pregnant women
* Recommend components for prevention and education programs
* Create a strategic framework for improving maternal health outcomes for racial and ethnic minorities, including reducing disparities in maternal mortality rates for racial and ethnic minorities
* Recommend training for maternal health providers to improve the identification, investigation, and prevention of maternal mortalities

**Eileen Blackey Doctoral Fellowship Panel**

**National Association of Social Workers Foundation**

**April 2019**

* Consider doctoral applicants for $6,500 education stipend and funds for professional development
* Review doctoral research dissertations for the Eileen Blackey Doctoral Fellowship
* Select finalists and award winner

**Jane B. Aron/Social Work HEALS Fellowship Panel**

**National Association of Social Workers Foundations & New York Community Trust**

**March 2019**

* Consider doctoral applicants for $17,900 stipend with research dissertations related to health care practice, policy, and education
* Review doctoral research dissertations for the Jane B. Aron/HEALS fellowship
* Select finalists and award winner

**Standards, Competencies and Recommended Best Practices for Infant and Family Centered**

**Developmental Care in the Intensive Care Unit Consensus Panel**

**Gravens Conference, Clearwater Beach, FL**

**January 2018- November 2019**

Interdisciplinary committee of neonatal experts convened to study the science, evidence, and best practice of developmental care and associated outcomes to the infant and family.

* Review existing clinical developmental care standards
* Identify gaps in care management/practices
* Examine the need for inclusion of parents/family members of the NICU team
* Research the applications of varying developmental interventions for the wellbeing of infant and parents
* Consider infant responses to developmental interventions
* Propose standards & competencies for holistic family centered care practice
* Analyze appropriate parenting education to respond appropriately to infant
* Develop consensus report
* Provide support and overview with consensus report article

**President**

**National Association of Perinatal Social Workers (NAPSW)**

**May 2015-July 2019**

Provide leadership, development, and planning for national non-profit organization. Provide oversight to executive officers, board of directors and committee chairs.

* Ensure compliance with legal and regulatory compliance for organization
* Develop programs to address areas of growth and opportunity
* Review and make recommendations for practice standards and operational effectiveness
* Assist with annual conference planning and development
* Review and confirm annual budget and conference budget
* Led recruitment campaign to increase overall membership
* Organized Stepping for Preemies fundraising event
* Initiated conference scholarship for membership
* Upgrade website functionality and member engagement
* Update conference planning manual and board member manual annually
* Review and revise the 5-year strategic plan

**Co-Chair, Family Centered Care and Patient Flow Committee**

**University of Pennsylvania Hospital, Philadelphia, PA**

**December 2008- December 2012**

Provide leadership to an interdisciplinary group that is responsible for instituting a patient/family centered care practices for the department. The group collaborates to provide oversight for family centered projects and initiatives.

* Reviewing and modifying department policies and procedures to ensure they are patient/family centered
* Continuous improvement and innovation in operations flow and patient care to identify and correct areas that are not patient, and family centered
* Assessing patient care environments to ensure they meet service excellence for patients and their families
* Development of a patient advisory board to include patient input on all aspect operations.

**Co-Chair Methadone Treatment Clinical Consensus Group**

**University of Pennsylvania Hospital, Philadelphia, PA**

**December 2010-June 2011**

Managed an interdisciplinary research group responsible for identifying the psychosocial and discharge factors associated with neonatal abstinence syndrome

* Identified treatment modalities and programs
* Developed a family partnership contract emphasizing quality, safety and therapeutic care of the neonatal abstinence syndrome newborn
* Constructed a conflict resolution protocol for medical team
* Established social services guidelines and recommendations for caring for methadone exposed families
* Presented comprehensive guidelines and recommendations in a clinical consensus panel for interdisciplinary providers at the Children’s Hospital of Philadelphia

AWARDS

**2019 Howard University Summer Faculty Fellowship**

Howard University

July-August 2019

**2019 Junior Faculty Writing and Creative Works Summer Academy**

Howard University

June-August 2019

**Hospital of the University of Pennsylvania Women’s Month Award**

Women Making a Difference in the Lives of Other Women

March 2015

**National Association of Perinatal Social Workers**,

Innovative Research and Program Grant

May 2014

$1,000

**Penn Medicine CARES Community Outreach Grant,**

Coffee Hour Peer Support Program

October 2013

$1,000

RESEARCH

Hughes, B., Caldwell, E., Gourdine, R. & Cross, J. (2022). (Not funded). Regionally

measuring the penetration of vaccine and COVID disinformation narratives in communities of color and testing public health-based messages (Not funded). The Knights Foundation for New Research into Combatting Disinformation in Communities of Color.

Crewe, S. & Cross, J. (Principal Investigators). (2021-2026). Howard University mental

health awareness & suicide prevention (Project No. 5H79SM081248-04) [Grant]. Substance Abuse & Mental Health Service Administration.

Crewe, S. & Cross, J. (Principal Investigators). (2020-2021). Mental health awareness

training (Project No. 5H79SM081248-03) [Grant]. Substance Abuse & Mental Health Service Administration (SAMHSA)

Cross, J. (Principal Investigator). (2021). Maternal Mortality in the District of Columbia:

Understanding the Current Causes from Those Most Affected (Not funded) [Grant Proposal] Howard University Investigator Developmental Core Grant.

Cross, J. (Principal Investigator). (2019). Economic security for vulnerable populations: A

comparative analysis and lessons learned from the Social Security Administration program. (Not funded) [Grant proposal] Robert Wood Johnson Foundation.

Cross, J. (Principal Investigator). (2021-2023). Emerging Poverty Scholars Research

Fellowship (Not funded) [Research Fellowship]. Institute for Research on Poverty.

Cross, J. & Cosby, R., Smith, J. (Principal Investigators). (2020). Understanding the

disability determination process in South Africa: Lessons learned (Not funded)

[Research Proposal]. University of Wisconsin Center for Financial Security

Retirement and Disability Research Consortium Center.

Cross, J. (Principal Investigator). (2019). Health disparities for premature low birth weigh infants

and the impact on future trends to social security (Not funded) [Research Proposal].

Robert Wood Johnson Foundation Advancing Equity, Diversity, Inclusion, in Policy Law and Research.

Gourdine, R. & Cross, J. (Principal Investigators). (2019). Experiencing entry and transitioning

to systems of formal & informal care for persons on the autism spectrum: Race and socioeconomic differences. (Not Funded) [Research Proposal] Robert Wood Johnson Foundation Evidence of for Action: Investigator initiated Research to build a culture of health.

Cross, J. (Principal Investigator). (2019). Health disparities for premature low birth weight

infants and the impact on future trends to social security (Not funded) [Research Proposal]. University of Wisconsin Center for Financial Security Retirement and Disability Research Consortium Center.

Cross, J. (Principal Investigator). (2019). Exploring the NICU experiences for women of color

(Funded) [Grant]. Howard University Summer Faculty Fellowship

RESEARCH TRAINING

* **National Institute on Minority Health and Health Disparities**. Health Disparities Research Institute, August 3-6, 2020.
* **Howard University**. 2019 Junior Faculty Writing and Creative Works Summer Academy, May19, 2019-August 19, 2019
* **Center for Financial Security (CFS) and Howard University’s Center on Race and Wealth** Annual Junior Scholar Intensive Training (JSIT), and Social Security Administration Retirement and Disability Research Consortium, June 17-21, 2019.
* **National Council on Behavioral Health**. Mental Health First Aide Instructor Training, April 24-26, 2019
* **Howard University, Summer Faculty Fellowship**, June 2019
* **Howard University & Georgetown University**. Discussion of mentorship plans, cover letters, and letters of support & collaboration, March 28, 2019
* **Howard University & Georgetown University**. Peer review discussion of Individual Development Plans & Career Development Plans, February 28, 2019
* **Howard University & Georgetown University**. Linking Biosketch & individual development plans to career development plans, January 31, 2019
* **Howard University & Georgetown Univer**sity. Peer review discussion of research strategies, Peer Discussion, January 17, 2019
* **Howard University & Georgetown University**. Research strategies: Good and bad examples-GHUCCTS Grant Writing Workshop, January 3, 2019
* **Howard University & Georgetown University.** Peer review discussion of Biosketch-GHUCCTS Grant Writing Workshop, December 20, 2018
* **Howard University & Georgetown University**. How to write an effective NIH Biosketch-GHUCCTS Grant Writing Workshop, November 15, 2018
* **Howard University & Georgetown University**. Peer review discussion of specific aims-GHUCCTS Grant Writing Workshop, November 1, 2018

ARTICLE REVIEWS

* Maternal & Child Health Journal, “Women’s pandemic-related anxiety and parenting stress: Home-visiting protective effect”. May 2022
* Maternal & Child Health Journal, “Pregnant women with substance use disorder: Understanding the obstetrical provider’s role and responsibilities. February 2022
* Advances in Social Work Journal, "Perinatal substance misuse: A look at provider stigma and bias” February 2021
* Maternal & Child Health Journal article review, "Can flip-chart assisted maternal education improve essential newborn care knowledge and skills? A randomized controlled trial", December 2020
* Advances in Social Work Journal, "Reinvigorating Social Work’s Focus on Perinatal Health", July 2020

PEER-REVIEWED PUBLICATIONS

Knott, D. & Cross, J. (2022). The impact of COVID-19 on college students: Leadership opportunities for

schools of social work [Manuscript submitted for publication]. School of Social Work, Howard University.

Cross, J. (2022). Maltreatment of NICU infants: Breastfeeding a protective factor [In press]. Advances in

Social Work.

Cross, J. (2022). *Book review: A better justice?: Community programs for criminalized women by*

*Nelund, A.*,[Review of a book]. *Affilia*, [https://doi.org/10.1177/08861099221074931](https://doi.org/10.1177%2F08861099221074931)

Cross, J. & Munoz, N. (2021). Incarceration: The New Slavery. In R. Wells-Wilbon & A. Estreet,

Trauma and Mental Health Social Work with Urban Populations: African Centered Clinical

Interventions. Routledge

Brown, J.V., Jaeger, C.B., Kenner, C., & Gravens Consensus Committee (2020). Executive summary:

Standards, competencies, and recommended best practices for infant-and family-centered developmental care in the intensive care unit. *Journal of Perinatology*, 40(Suppl 1), 5-10. doi:10.1038/s41372-020-0767-1

Cross, J. (2020). Imprisoning pregnant and parenting women: A focus on social justice, equal rights

and equality. *Health & Social Work*, 45(2), 1-7. doi:10.1093/hsw/hlaa008

Cross, J. (2019). Incarcerating Pregnant & Parenting Women the New Witch Hunt: A Policy Analysis

*Maternal and Child Health Journal, 23(4),* 431-434.

Cross, J. (2016). Attachment: Keeping NICU Infants Safe. *Journal of Pregnancy and Child Health*, 7,

14-19

Hall, S., Baughcum, A., Chuffo, R., Cross, J., Geller, P. (2015). Interdisciplinary Recommendations for

Psychosocial Support of NICU Parents. *Journal of Perinatology, 35, 29-36.*

Cross, J. (2015). Core Measure 7: Optimizing Nutrition – Breastfeeding, Human Milk and Attachment.

*Newborn and Infant Nursing Reviews, 15(3), 128-131*.

Other Publications

Cross, J. & Williams, Y. (2022) Who is caring for our African American Mothers? (C. Snell & K.

Moody Eds.). Howard University School of Social Work Black Perspective Monograph 4.

Office of the Medical Examiner (2022). Maternal Mortality Review Committee 2021-2022 annual

report. DC Maternal Mortality Review Committee. (In press)

Council for Social Work Education (2022). Health Curricular Guide. (In press)

Council for Social Work Education (2022). Infant and Early Childhood Mental Health Curricular Guide.

<https://www.cswe.org/education-resources/2015-epas-curricular-guides/>.

National Academies of Sciences, Engineering and Medicine (2022). Lessons learned in health professions

education during the COVID 19 pandemic, Part 2.

<https://nap.nationalacademies.org/catalog/26484/lessons-learned-in-health-professions-education-during-the-covid-19-pandemic-part-2?msclkid=2194c59fd0a111ec84f7cc5748723543>

Cross, J. (2021). Neonatal Awareness Month. *Neonatology Today*, 16(9), 82-83.

<http://www.neonatologytoday.net/newsletters/nt-sep21.pdf>

Cross, J., Brown, D., & Gourdine, R. (2020, October). Disparities in maternal and child health: Among

African American women. NASW Intersections in Practice. <https://naswinstitute.inreachce.com/Details/Information/5b231b2b-3358-420d-b4bf-8a5af181bbdd>

Cross, J. & Crewe, S. (2020). The importance of self-care. Howard University the Office of the

President. <https://mailchi.mp/b6a234e57cff/office-of-the-president-self->

care?e=acc7d37203

Office of the Medical Examiner (2020). Maternal Mortality Review Committee 2019-2020 annual

report. DC Maternal Mortality Review Committee. <https://ocme.dc.gov/sites/default/files/dc/sites/ocme/page_content/attachments/Maternal%20Mortality%20Review%20Committee%20Annual%20Report_Finalv2.pdf>

Cross, J. (2020, July 10). The internet: Our next health risk. The DC Health Collaborative Blog

Retrieved from <https://dchealthmattersblog.org/the-internet-our-next-health-risk/>

Cross, J. (2020). Mental health during COVID-19 pandemic: Understanding the physical & mental

health connection. (R.Gourdine, R. & J. Cross Eds.) Black Perspective Monograph 3, Howard University School of Social Work.

Gourdine, R. & Cross, J. (Eds.). (2020). The black perspective monograph 3: Addressing the COVID 19

pandemic through an examination of mental health and health disparities in the black community.

Howard University School of Social Work.

Cross, J. (2020). Child maltreatment of NICU infants: A focus on health disparities. *Neonatology Today*,

15(3), 26-30. <http://www.neonatologytoday.net/newsletters/nt-sep21.pdf>

Cross, J. (2020/Winter). Health disparities. NAPSW Forum, 40(1),1-5.

Gravens Committee (2019). Report of the First Consensus Conference on Standards, Competencies and

Recommended Best Practices for Infant and Family Centered Developmental Care in the

Intensive Care Unit. Gravens Committee.

<https://nicudesign.nd.edu/assets/350964/website_manuscript_complete_document_w_references_november_2019_1_.docx.pdf>

Gourdine, R. & Cross, J. (2019). The Unintended Consequences of Child Welfare Policies for African

American Families. *National Council on Family Relations Report*, 64(1), F4-F6.

Cross, J. (2019, Spring). From the President, NAPSW Forum, 39(2), 2.

Cross, J. (2019, Winter). From the President, NAPSW Forum, 39(1), 2.

Cross, J. (2018, Autumn). From the President, NAPSW Forum, 38(4), 2-3.

Cross, J. (2018, Summer). From the President, NAPSW Forum, 38(3), 2-3.

Cross, J. (2018, Spring). From the President, NAPSW Forum, 38(2), 2-3.

Cross, J. (2018, Winter). From the President, NAPSW Forum, 38(1), 2-3.

NASW (2017). Maximizing social work’s policy impact in a changing political environment: Report

from the April 26-27 policy practice summit. NASW Social Work Policy Institute. <https://www.socialworkers.org/LinkClick.aspx?fileticket=wcmBfKpf1Lw%3D&portalid=0>

Cross, J. (2017). Incarceration of African American women: Racism, health disparities, and social

injustice (R. Cosby Ed.). Howard University Black Perspective Monograph 2.

Cross, J. (2017, Autumn). From the president. NAPSW Forum, 37(4), 2-3.

Cross, J. (July 2017). Briefing to focus on NICU infants: Babies at increased risk for maltreatment after discharge.

<http://digitaledition.qwinc.com/publication/?m=43320&i=419112&view=contentsBrowse>

r&ver=html5

Cross, J. (2017, Summer). From the president. NAPSW Forum, 37(3), 2-3.

Cross, J. (2017, May). Perinatal social work practice in health care settings: Adopted from NASW

standards for Social Work Practice in Health Care Settings. NASW Practice Perspective

<https://www.socialworkers.org/LinkClick.aspx?fileticket=42IxNq6jEfU%3D&portalid=0>

Cross, J. (2017, April). Understanding child maltreatment of infants from the Newborn Intensive Care Unit (NICU): Social work practice and policy direction. NASW Issue Brief.

<https://www.socialworkers.org/LinkClick.aspx?fileticket=Bj7WmvphIx0%3D&portalid=0>

Cross, J. (2017, Spring). From the president. NAPSW Forum, 37(2), 2-3.

Cross, J. (2017, March). Training broadens social work fellows understanding of political

process. NASW Blog. <http://www.socialworkblog.org/practice-and-professional-development/health-care/2017/03/training-broadens-social-work-fellows-understanding-of-political-process/>

Cross, J. (2017, Winter). Interdisciplinary recommendations for psychosocial support of NICU

parents. NAPSW Forum, 37(1), 11-12.

Cross, J. (2017, Winter). From the president. NAPSW Forum, 37(1), 2-3.

Cross, J. (2016, Autmn). From the president. NAPSW Forum, 36(4), 2-3.

Cross, J. (2016, Summer). From the president. NAPSW Forum, 36(3), 2-3.

Cross, J. (2016, Spring). From the president. NAPSW Forum, 36(2), 2-3.

Cross, J. (2016, Winter). From the president. NAPSW Forum, 36(1), 2.

Cross, J. (2015, Autumn). From the president. NAPSW Forum, 35(4), 2.

Cross, J. (2015, Summer). Breastfeeding: A protective factor against child maltreatment. NAPSW Forum, 35(3), 10.

Cross, J. (2015, Winter). When NICU children are not safe at home. NAPSW Forum, 35(1), 7-9.

Cross, J. (2014, Summer). Overview of the 38th Annual NAPSW Conference. NAPSW Forum, 34(3), 5-6.

Jiang, N. & Cross, J. (2014, Winter). Book review of Loving and Letting Go. NAPSW Forum, 34(1), 19.

Cross, J. & Patterson, C. (2013, Autumn). Building blocks for a successful parent led peer support group. NAPSW Forum,33(4), 9-10.

Cross, J. (2012, Summer) Little Rock conference supplies “three R’s to attendees”. NAPSW Forum, 32(3), 8-9.

Cross, J. (2012, Winter). Dealing with donors, courts and technology: Social work practice with surrogate families. NAPSW Forum, 32(1), 1-5.

MEDIA & INTERVIEWS

Appea, P. (2022, July 12). Parents with substance use disorder need support, not separation. Prism.

<https://prismreports.org/2022/07/12/parents-substance-use-disorder-support-not-separation/>

Porto, A. (2022, March 24). The loneliest generation: How new initiatives emerged to help young adults

Navigate loneliness during the pandemic. Medium. [https://medium.com/@alexmaronho/the-loneliest-generation-how-new-initiatives-emerged-to-help-young-adults-navigate-loneliness-7056333b39bc](https://medium.com/@alexmaronho/the-loneliest-generation-how-new-initiatives-emerged-to-help-young-adults-navigate-loneliness-7056333b39bc )

Holmes, T. (2021, fall). The new normal: Howard’s experts on how the pandemic changed us.

Howard Magazine, 24-29.

Paul, P. (2021, August). HEALS students, scholars make a difference in social work's future: NASW

foundation at 20. *Social Work Advocates*, <https://www.socialworkers.org/News/Social-Work-Advocates/2021-August-September/HEALS-Students-Scholars-Make-a-Difference-in-Social-Works-Future>

Dale, M. (2017, September). HEALS senior policy fellow reflects on year in DC. NASW NEWS.

<http://digitaledition.qwinc.com/publication/?i=433459&article_id=2862700&view=articleBrowser>

Dale, M. (2017, February). NASW Awards HEALS yearlong program policy fellowship. NAPSW

Forum, 37(2),18-19. <http://www.socialworkblog.org/featured-articles/2017/02/heals-program-awards-yearlong-policy-fellowship/>

PRESENTATIONS

Alpert, J., Clarke, D., De Faria, L., Howard, M., & Cross, J. (2022, October 13-14). Identifying and

Addressing Treatment and Training Gaps in Perinatal Mental Health Care. [Conference Presentation]. America Psychological Association, United States.

Cross, J. & Crewe, S. (2022, June 15). The struggle is real: Mental health and racism [Conference

Presentation]. National Association of Black Social Workers, Zoom, United States.

Cross, J. (2022, February 4). HEALS policy fellow scholar experience [Film]. National Association of

Social Workers, Zoom, United States, http://digitaledition.qwinc.com/publication/?i=433459&article\_id=2862700&view=articleBrowser

Holmberg, J., Soghier, L., & Cross, J. (2021, November 8). NICU panel: Perinatal mental health

considerations for NICU families. 2021 Perinatal Mental Health [Symposium]. Mary’s Center, Zoom, United States.

Cross, J. (2021, June 24). Improving Health disparities in the NICU: A focus on culturally competent

Practices [Conference Presentation]. National Association of Social Workers Conference.

<https://naswvirtual.socialworkers.org/nasw-national2021-full-package>

Cross, J. (2021, April 29). Supporting women of color during their NICU journey: Improving

experiences and bonding [Conference Session]. National Association of Perinatal Social

Workers 45th Annual National Virtual Conference, Zoom, United States.

Cross, J., Nunez, L., Mancuso, D., Erikson, C., (2021, April 22). What was the impact of COVID-19

pandemic on the different aspects of health professions education (HPE) and might each

aspect been handled differently. [Symposium]. National Academies of Sciences,

Engineering, & Medicine, Zoom, United States.

Cross, J. & Cuyler, R. (2021, April 8). Maternal mental health panel. National Perinatal Association

Student Society [Symposium]. Zoom, United States.

Robinson, A., Prusakzyc, B., Malama, C., Tucker, C., Matz, D., Lampkins, D., Martin, E., Cross, J., &

Romanelli, M (2021, March 18). NASW HEALS alumni mixer roundtable mixer event [Panel Presentation]. Zoom, United States.

Cross, J. (2021, January 21). Mental Health First Aid [SAMHSA Training]. Howard University School

of Social Work, Office of Faculty Development & Howard University Hospital, Zoom, United States.

Crewe, S. & Cross, J. (2020, November 18). Caregiving from the depression: How to support

someone who lives with depression. [SAMHSA Training]. Families for Depression Awareness. Substance Abuse and Mental Health Services Administration, Zoom, United States. <http://www.spedchildmass.com/event/caregiving-from-a-distance-how-to-support-someone-who-lives-with-depression/>

Cross, J. (2020, November 13). Mental health & post-election movement [SAMHSA Training].

Howard University School of Social Work Agency-Based Education, Zoom, United States.

Edwards, J., Cross, J. & Moody, K. (2020, November 10). Ethics & telehealth. Howard University

School of Social Work [Training]. Professional Development Continuing Education, Zoom,

United States.

Wingate, L., Cross, J., & Weir, M. (2020, October 16). From protest to policies series: Socioeconomic

determinants of health. [Panel Presentation]. Howard University Homecoming, Zoom, United States.

Taylor, K. & Cross, J. (2020, October 26). Mental Health First Aid [SAMHSA Training]. Howard

University School of Social Work Agency-based Education, Zoom, United States.

Cross, J. (2020, October 10). BHWET Clinical documentation. [HRSA Training]. Howard University

School of Social Work, Zoom, United States.

Underwood, P. & Cross, J. (2020, September 26). COVID-19 and heart disease: Addressing high-risk,

mental health, and disparities in communities of color. [Symposium Presentation]. Open

Your Heart Foundation, Zoom, United States. <https://www.youtube.com/watch?v=Du9lIc99nJM&feature=youtu.be>

Crewe, S. & Cross, J. (2020, August 11). Mental health awareness during a pandemic. [SAMHSA

Training]. Howard University School of Business, Zoom, United States.

Cross, J. (2020, June 26). Mental health awareness 2020 Social work in virtual spaces: COVID 19

responses. [SAMHSA Training]. Howard University School of Social Work Agency-based

Education, Zoom, United States.

Crewe, S. & Cross, J. (2020, May 27). Mental health awareness during a pandemic. [SAMHSA

Training]. Volunteers of America, Zoom, United States.

Crewe, S. & Cross, J. (2020, May 21). Mental health awareness during a pandemic. [SAMHSA

Training]. Volunteers of America, Zoom, United States.

Crewe, S. & Cross, J. (2020, May 18). Mental health awareness during a pandemic. [SAMHSA

Training]. National Alliance of Residence Services in Affordable and Assisted Housing, Zoom, United States.

Crewe, S. & Cross, J. (2020, May 13). Mental health awareness during a pandemic [SAMHSA

Training]. Volunteers of America, Zoom, United States.

Cross, J. (2019, October 24-27). Health disparities in maternal child health: Opportunities for

education & practice [Poster Presentation]. Council for Social Work Education (CSWE), Denver, CO., United States.

Gourdine, R. & Cross, J. (2019, August 21). Evaluation of racial equity strategy standards to

improve child welfare services for African American families [Poster Presentation]. National Child Welfare Evaluation Summit, Washington, DC., United States.

Cross, J. (2019, May 2). Health & health care disparities in the NICU [Conference Presentation].

National Association of Perinatal Social Workers, Savannah, GA., United States.

Cross, J. (2019, April 11). Incarcerated pregnant and parenting women: An analysis of criminal

justice and health care [Symposium]. Howard University Research Week, Washington, DC., United States.

Cross, J. (2019, February 22). Perinatal Opioids When Babies are Born Addicted [Workshop].

Howard University School of Social Work, Washington, D.C., Unites States.

Cross, J. (2019, January 19). BHWET Clinical Documentation [HRSA Training]. Howard University

School of Social Work, Washington, D.C., United States.

Cross, J. (2019, January 16). Families matters: When parents are incarcerated [Symposium].

Howard University Multidisciplinary Gerontology Center, Washington, DC., United States.

Cross, J. (2018, December 15). Maternal mortality [Interview]. The Well Radio Archive. Woodlawn,

MD. <https://www.facebook.com/thewellradio/videos/349133255877229/>

Cross, J. (2018, October 19-21). Understanding the opioid epidemic and improving outcomes for

opioid affected individuals and families [Conference Presentation]. Association of Health

Care Social Workers Retreat at the Beach, Ocean City, MD., United States.

Cross, J. (2018, October 12). *Violence as a Public Health Issue: An Interprofessional Conversation*

[Workshop]., Howard University School of Social Work, Washington, DC., United States.

Cross, J. (2018, October 6). Health fair [Panel Presentation]. Open My Heart Foundation & Sister for

Sister. Upper Marlboro, MD., United States.

Cross, J. (2018, September 12) Incarcerated pregnant and parenting women: An analysis of

health care, policy, social justice, and reproductive rights [Conference Presentation].

National Association of Social Workers Pennsylvania Chapter Annual Conference, Poconos, PA., United States.

Cross, J. (2018, September 10). Understanding Health & Health Care Disparities in the NICU

[Symposium]. Family Advocacy Network & Preemie Parent Alliance, Webinar, United

States.

Cross, J. (2018, June 20-23). Incarcerated pregnant and parenting women: An analysis of health

care, policy, social justice, and reproductive rights [Conference Presentation]. National Association of Social Workers, Washington, DC., United States.

Cross, J. (2018, May 2-5). Incarcerated pregnant and parenting women: An analysis of health care,

policy, social justice, and reproductive rights [Conference Presentation]. National Association of Perinatal Social Workers, Long Beach, CA., United States.

Moss, T., Berry Edwards, J., Cross, J., & Cosby, C. (2018, March 27). Experiential learning: Bridging

classroom to practice [Panel Presentation]. Howard University Center for Excellence in Teaching, Washington, DC.

Cross, J. (2018, March 14-16). Disparities in screening and reporting substance use in

communities of color. National Perinatal Association. Loma Linda, CA., United States.

Cross, J. (2018, March 5). HEALS scholars and fellows [Summit Presentation]. National Association

of Social Workers & Council for Social Work Education, Washington, DC., United States.

Cross, J. (2016, May 4-7). Recommendations for program standards for psychosocial support of

NICU parents [Conference Presentation]. National Association of Perinatal Social Workers, Providence, RI., United States.

Cross, J. (2015, May 6-9). Breastfeeding: A protective factor against child maltreatment [Poster

Presentation]. National Association of Perinatal Social Workers, Vancouver, B.C., Canada.

Cross, J. (2015, May 6-9). It’s All About Relationships: Improving Perinatal Social Work Practice

& Making Your Mark [Keynote Presentation]. National Association of Perinatal Social

Workers, Vancouver, B.C., United States.

Cross, J. (2014, November 5-8). When NICU children aren’t safe at home: A current look at child

maltreatment and interventions [Conference Presentation]. Society for Social Work

Leadership in Health Care, Salt Lake City, UT., United States.

Cross, J. (2014, October 16-18). Child maltreatment: A review of the literature [Conference

Presentation]. National Association of Social Workers, Valley Forge, PA., United States.

Cross, J. (2014, May 7-10). When NICU children are not safe at home: A current look at child

maltreatment interventions [Conference Presentation]. National Association of Perinatal Social Workers, San Antonio, TX., United States.

Cross, J. & Patterson, C. (2013, October 2-5). Building blocks for a successful peer led support

Group [Conference Presentation]. Society for Social Work Leadership in Health Care, Philadelphia, PA., United States.

Cross, J. (2013, May 8-11). Building blocks for a successful parent led peer support

group[Conference Presentation]. National Association of Perinatal Social Workers, Baltimore, MD., United States.

Peterside, I. & Cross, J. (2012). Methadone treatment [Panel Presentation]. Children’s Hospital of

Philadelphia: Philadelphia, PA., United States.

Cross, J. (2011, May 11-14). Understanding the complexities of surrogate families in the newborn

intensive care unit [Conference Presentation]. San Francisco, CA., United States.

ACADEMIC TRAININGS

Howard University Blackboard Certification

MEMBERSHIPS

National Association of Perinatal Social Workers (NAPSW)-Treasurer, 2022-2024

DC Maternal Mortality Review Committee 2019-2023

National Association of Perinatal Social Workers (NAPSW)- Past President, 2019-2021

National Association of Perinatal Social Workers (NAPSW)- President, 2015-2019

National Perinatal Association-Board of Directors, 2015-2021

National Association of Perinatal Social Workers (NAPSW), Member, 2005-Present

National Association of Social Workers (NASW)-Member 2007-Present

MENTORING

Dominque Knott, Founders Fellowship, Howard University School of Social Work, COVID 19 and the

Impact of Mental Health of College Students Research Project.

Marona Porto, Alex, Fulbright Scholar, Columbia University, School of Journalism Master’s Thesis

Project.

Quick, Aron, North Carolina State-Howard University PhD Program Interest

Idell Sampson, Graduate Assistantship (2021-2022)-Administrative support for MHAT & HU-MHASP

Grant, creating mental health PowerPoint, developing training flyers, excel spreadsheet for trainings, 2U administrative support with power point alternative text for hearing impaired students

Nia Gibbs-Francis, Graduate Assistantship (2020-2021)-Power Point creations for SWPP course,

administrative support for ethics and telehealth webinar and evaluation process, literature review

for NICU Visitation and Maternal Mortality topics

Ekwuabu, N. (2019-2020). White Fragility: Why It’s So Hard for White People to Talk About Racism by

Robin DiAngelo, PhD. Book Review. NAPSW Forum, 40(1), pp.11-12

Natalie Research Assistantship 2019-2020

ADVISEMENT

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| --- | --- |
| Term/Year | # of Students |
| Spring 2022 | 18 |
| Fall 2021 | 18 |
| Spring 2021 | 15 |
| Fall 2020 | 17 |
| Spring 2020 | 11 |
| Fall 2019 | 14 |
| Spring 2019 | 13 |
| Fall 2018 | 16 |
| Spring 2018 | 17 |
| Fall 2017 | 17 |