

Monique A. Major, PhD
Howard University
Department of Psychology
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EDUCATION

- 2013 - 2016 Doctor of Philosophy, Personality Psychology, Howard University, Washington, D.C.
Dissertation Title: *From heart rate variability to personality: Understanding individual differences during the artistic creative process.*
- 2011 - 2013 Master of Science, Personality Psychology, Howard University, Washington, D.C.
Master's Thesis Title: *Big five and the creative process: Development of the Approaches Creative Process Questionnaire.*
- 2008 - 2011 Bachelor of Science, Psychology, Minor in Painting, Summa Cum Laude, College of Arts and Sciences Honors Program, Howard University, Washington, D.C.
Honors Thesis Title: *Is there something unique about the artists' artistic creative process? A mixed method study.*
- 2006 - 2007 Bachelor of Arts, Communication (Transferred), St. John's University

TEACHING EXPERIENCE

- 9/2019 – Present **Lecturer**, Howard University Department of Psychology, Washington, D.C. (Undergraduate Courses Teaching: Statistics I, Statistics II, Research Design & Analysis, Introduction to Psychology, and Advanced Seminar in Qualitative Methods; Graduate Courses Taught: Social & Personality Development Seminar, and Seminar in Personality)
- 1/2018 – 9/2019 **Instructor**, Howard University Department of Psychology, Washington, D.C. (Courses Taught: Statistics I, Statistics II, Research Design & Analysis)
- 8/2016-5/2017 **Assistant Professor**, Virginia State University Department of Psychology, (Courses Taught: Quantitative Methods in Psychology, Experimental Psychology, Experimental Psychology Lab)
- 5/2016 – 6/2016 **Instructor**, Howard University Department of Psychology, Washington, D.C. (Courses Taught: Statistics I)
- 8/2012 -- 5/2016 **Graduate Teaching Assistant**, Howard University Department of Psychology, Washington, D.C. (Courses: Experimental Psychology, Research Design & Analysis, Research Methods & Statistics I,

Statistics

PROFESSIONAL SERVICE & LEADERSHIP

- 1/2022 - Present Howard University Department of Psychology Faculty Search Committee
- 5/2021 Participated, helped plan, and created a Mixed Media Collage for the the Howard University Department of Psychology Classes of 2020 and 2021 Graduation Ceremony
- 8/2020 - 5/2021 Collaborated with Faculty in the Department of Psychology to plan wellness events for the undergraduate students within the department
- 6/2019 25th Annual Black Graduate Conference in Psychology Planning Committee
- 8/2013-7/2014 Association of Black Psychologists Student Circle, Research Committee Chair
- 1/2014-7/2014 20th Annual Black Graduate Conference in Psychology Graduate Student Co-Chair
- 4/2013 Leslie H. Hicks Research Symposium Judge

PROFESSIONAL DEVELOPMENT

- 8/2020 Howard University's Distance Learning Certification Course
- 6/2020 Howard University's Blackboard Certification Course

AWARDS

Nominated for an Outstanding Teaching Award for Full-Time Lecturer or Master Instructor in the College of Arts & Sciences at Howard University for 2021

Nominated for an Outstanding Teaching Award for Full-Time Lecturer or Master Instructor in the College of Arts & Sciences at Howard University for 2020.

RESEARCH

1/2018-Present Creativity Research Group:
We investigate the ways the arts have been mentally and physically protective within the lives of Black people in the diaspora. We present our research locally and nationally. Graduates from our research group have attended graduate school for psychology and art therapy.

PUBLICATIONS

Edwards, J. B., Gomes, M., & **Major, M. A.** (2013). The charged economic environment: Its role in the psychological distress and development of children, adolescents and young adults. *Journal of Human Behavior and the Social Environment*, 23, 256-266. doi:10.1080/ 10911359.2013.747350

SELECT ORAL PRESENTATIONS

Major, M., Lo, L., Bellot, J. Terroade, J. (November, 2021). *Community Harvest: Updates about Art Therapy Efforts at a Historically Black University*. American Art Therapy

Association's 52nd Conference. (Virtual)

Major, M., Green, K., Lo, L., Baker, D., Crews, R. (November, 2020). *Historically Black Colleges/Universities as Fertile Grounds for the Future of Art Therapy*. American Art Therapy Association's 51st Conference. (Virtual)

Green, K., & **Major, M. A.** *The effect of time on the creative process*. (April, 2019). Howard University Research Week. Washington, D.C.

Westbrook, C., Cotton, R., **Major, M. A.**, Harrell, C. J. P., Banks, K., B., Younge, Finley, G., Sims, M., Newman, S., Grandberry, B., Carter, A., Ketchup, B., Bonner, J., Butler, D., & Williams, D. (April, 2018). *An exploration of the thoughts and feelings associated with freehand drawing with colored pencils*. Howard University Research Week. Washington, D.C.

Brown, B., Price, K., Powell, T., Webb, A., & **Major, M.** *An Intrinsic Case Study Investigating the Social Impact of the Alvin Ailey Dance Theater*. (April, 2017) Virginia State University Black Psychology Conference. Petersburg, V.A.

Wilson, T., Brunson, A., Medley, J., & **Major, M.** *Do they relate? Examining the relationship between interview and questionnaire responses about the creative process*. (April, 2017) Virginia State University Black Psychology Conference. Petersburg, V.A.

Childress, D., Logan, K., & **Major, M.** *Participant's reflections on arts-based research*. (April, 2017) Virginia State University Black Psychology Conference. Petersburg, V.A.

Major, M. A., Harrell, C. J. P., Banks, K., B., Younge, Finley, G., Sims, M., Newman, S., Grandberry, B., Carter, A., Ketchup, B., Bonner, J., Butler, D., & Williams, D. (April, 2016). *Development of the ePaint Version of the Approaches Creative Process Questionnaire*. Virginia State University Black Psychology Conference. Petersburg, V.A.

Banks, K., Bonner, J., Leak, M., **Major, M. A.**, Newman, S., Sims, M., & Harrell, C. J. P. (August, 2016) *Kuumba In The Lives Of African People*. Association of Black Psychologists 48th Annual Convention. Arlington, VA

Major, M. A., Banks, K., Applewhite, B., Ketchup, B., Bonner, J., Boykins, S. Smith, D. & Harrell, C. J. P. (April, 2015). *A tale of three journals: Major trends, themes and relationships in two major creativity journals and an art therapy journal*. 10th Annual Leslie H. Hicks Symposium, Washington, D.C. (Tied 1st Place Recipient for Panel Discussions)

Major, M. A., Banks, K., & Applewhite, B. *Themes, Trends and Relationships within The Creativity Research Journal*. Howard University Research Day 2015. Washington, D.C. (1st Place in Creativity and Design Category)

Major, M. A. & Harrell, C. J. P. (September, 2014). *Update on the Approaches Creative Process Questionnaire: Development of Alternative Forms*. The 2014 American

Creativity Association World Conference: Creativity in Action. Philadelphia, P.A.

Seifullah, S., Harrell, C. J. P., & **Major, M.A.** (April, 2014). *Daydreaming, Emotions and the Creative Process*. 9th Annual Leslie H. Hicks Symposium, Washington D.C.

Major, M., A., Harrell, C. J. P. (July, 2013). *Resiliency, identity and creativity: Lessons from the Black Arts Movement*. 45th Association of Black Psychologists Annual International Convention, New Orleans, L.A.

Major, M. A., Ferguson, B. Joseph, K., Gamble, D., & Harrell, C. J. P. (April, 2012). *An update: Measuring creativity: Development of the Approaches Creative Process Questionnaire*. 7th Annual Leslie H. Hicks Symposium, Washington D.C. (2nd Place Recipient for Oral Presentations)

Major, M. A., & Harrell, C. J. P. (April, 2011). *Is there something unique about the artists' artistic creative process?* Howard University College of Arts and Sciences Symposium on Undergraduate Research 2011, Washington D.C. (2nd Place Award Recipient for Oral Presentation in the Social Sciences Category)

Major, M. A., & Harrell, C. J. P. (July, 2010). *Measuring creativity: Development of the Approaches Creative Process Questionnaire*. Ronald E. McNair Postbaccalaureate Achievement Program Research Symposium, Washington D.C.

Major, M. & Harrell, C. J. P. (April, 2010). *Personality and Approaches to the Creative Process*. Howard University College of Arts and Sciences Symposium on Undergraduate Research, Washington, D.C.

SELECT POSTER PRESENTATIONS

Boursiquot, K., & Major, M.A. (April, 2022). *Art Therapy Education at Undergraduate and Graduate Levels*. Howard University Research Month. Washington, D.C.

Dunn, G., & **Major, M. A.** (April, 2022). *Past and Present: A Study of Oral Traditions that Heal and Mitigate with the Black Diaspora*. Howard University Research Month. Washington, D.C.

Rokaya, G., & **Major, M.A.** (April, 2022). *The Relationship Between Spirituality and Creativity*. Howard University Research Month. Washington, D.C.

Richardson, R., & **Major, M.A.** (April, 2022). *The Effectiveness of Dance/Movement Therapy on Body Image for Adolescents*. Howard University Research Month. Washington, D.C.

Moore, C., & **Major, M. A.** (April, 2019) *Does the Creative Process Lead Artists to Feel More Anxious*. Howard University Research Week. Washington, D.C.

Lo, Lillian, & **Major, M. A.** *Examining the Use and Results of Art Therapy Within Prison*. (April, 2019). Howard University Research Week. Washington, D.C.

Harris, C. E., Davis, J. M., Whitaker, T., Snell, C. L., Berry-Edwards, J., & Major, M. A. (October, 2015). *An Interdisciplinary Approach to Social Determinants of Health: A Co-Word Analysis*. 143rd American Public Health Association Annual Meeting and Expo, Chicago, I.L.

GROUP ART EXHIBITIONS

PhotoPop Philly Winter Wonderland Exhibit, The Bourse Building, Philadelphia, PA
November 2019-January 2020

Philadelphia Art Week, Olo Solo Gallery West, Philadelphia, PA, March 9,

2018 Hopeful City Artists at Philadelphia's City Hall, June 26 – August 29,

COMMISSIONS

2021 Mary McLeod Bethune Elementary School Beautification Project III, 2 x 20 feet, *Untitled*, paper installation, Mary McLeod Bethune Elementary School, Philadelphia, PA (in collaboration with Monica A. Major)

2021 Lingelbach Elementary School Beautification Project

2019 Mary McLeod Bethune Elementary School Beautification Project II, 4 x 3 feet, *Untitled*, paper installation, Mary McLeod Bethune Elementary School, Philadelphia, PA (in collaboration with Monica A. Major)

2018 Mary McLeod Bethune Elementary School Beautification Project I, 2 x 20 feet, *Untitled*, paper installation, Mary McLeod Bethune Elementary School, Philadelphia, PA (in collaboration with Monica A. Major)

2018 Black Graduate Conference in Psychology, *Nurture the Land to Restore the Harvest*, mixed media (acrylic paint and paper) on canvas printed on the cover of the program proceedings books, Black Graduate Conference in Psychology, Washington, D.C

2016 Zion Baptist Church, *Family Tree*, 7 x 12 feet mixed media (acrylic paint, fabric and oil) on canvas, Zion Baptist Church, Philadelphia, PA (in collaboration with Monica A. Major)

2013 Black Graduate Conference in Psychology, *There is a River*, mixed media (acrylic paint and paper) on canvas and then printed on the cover of the program proceeding book, Black Graduate Conference in Psychology, Washington, D.C.

WORKSHOPS

6/2017-Present

Co-facilitator and instructor for Art as Prayer Workshops. Participants use paint, markers, crayons, colored pencils, or create a prayer journal as a form of prayer. At the end of the workshop, the participants reflect on their individual process, their artwork and their relationship with God.

INVITED PRESENTATIONS AND PANELIST

- 2/2018 St. James School Career Day Speaker, Philadelphia, PA
9/2017 Christo Rey Philadelphia High School Celebration of the Holy Spirit
Speaker, Philadelphia, PA
4/2017 Virginia State University Black Psychology Conference Panelist
3/2017 Options Without Walls Doctoral Studies Symposium Panelist
4/2015 Howard University Psychology Club Preparing for Graduate School
Panel
10/2014 Association of Black Psychologists DC Chapter Apply to Graduate
School Workshop Panel Speaker
10/2013 Howard University Psychology Club, Graduate School Panel
Speaker
2012 Psi Chi, Howard University Chapter, Statistics Workshop Presenter
2011 Beta Kappa Chi National Scientific Honor Society, Howard
University
Chapter, Research 101 Panelist

COMMUNITY SERVICE

- 01/2019 to 6/2019 Mary McLeod Bethune Elementary School Weekly After School
Art Program Volunteer
8/2019 Co-Coordinator for Alice & Daisy's Kin Outdoor Paint Party at
the Philly Free Streets block party. Event was sponsored by
Called to Serve, CDC and Zion Baptist Church
8/2018 Co-Coordinator for Alice & Daisy's Kin Outdoor Paint Party at
the Philly Free Streets block party. Event was sponsored by
Called to Serve, CDC and Zion Baptist Church

REFERENCES

Dr. Jules Harrell, *Department of Psychology, Howard University.* jharrell@howard.edu
(202) 806-9458

Dr. Janice Berry Edwards, *School of Social Work, Howard University*
janice.edwards@howard.edu (202) 806-7317

Dr. Alfonso Campbell, *Department of Psychology, Howard University.*
acampbell@howard.edu (202) 806-6805

Dr. Nomi-Kaie Bennett, *Bassett Healthcare Network, Cobleskill Primary
Care,* nomikaie.bennett@gmail.com, (518) 364-9472