

## Curriculum Vita

Shareefah Al'Uqdah, PhD

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### Education

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**Doctorate of Philosophy**, Counseling Psychology, July 2010, Howard University, Washington, DC

Dissertation: The Relationship of Exposure to Community Violence with Parents' Psychological Distress, Satisfaction with Life, Parental Socialization of Emotions & Preschoolers' Social Emotional Competence

**Master of Arts**, Psychology, May 2004, North Carolina Central University, Durham, NC

**Bachelors of Arts, Summa Cum Laude**, Psychology, May 2002, North Carolina Central University, Durham, NC

### Licensure and Professional Training

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**Licensed Clinical Psychologist**: Washington, DC (since 2011)

**Post-Doctoral Fellow** (2010-2011), George Washington University, Center Clinic, -- Community Mental Health Center, Doctoral Student Supervision, Therapy, & Assessments

**APA Accredited Internship** (2009-2010), St. Elizabeths Hospital—Forensic Track, Risk Assessment, Competency Screening, and Substance Abuse Counseling

**Co-occurring Substance Abuse Disorder Counseling Certificate** (2008)- Co-occurring State Incentive Grant program sponsored by SAMHSA completed at St. Elizabeths Hospital

### Academic Leadership Positions

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Director of Training, Howard University Counseling Psychology Program, responsible for managing and overseeing all programmatic duties related to the APA-Accredited Counseling Psychology program (2016-current)

Clinical Training Coordinator, Howard University Counseling Psychology Program. Responsible for ensuring appropriate externship training placement for students, updating clinical training handbook, communicating with clinical supervisors, remediating students' clinical skills (as needed). (2013-2016)

### Academic Appointments

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**Associate Professor** (tenured), Howard University in the Counseling Psychology Program. Responsible for teaching graduate level course, advising and mentoring graduate level students, and service to the university community. (Aug, 2019)

**Assistant Professor** (tenure track), Howard University in the Counseling Psychology Program. Responsible for teaching graduate level course, advising and mentoring graduate level students, and service to the university community. (2013-current)

**Visiting Professor**, Howard University in the Counseling Psychology Program. Responsible for teaching graduate level courses and service. (2012-2013)

**Adjunct Faculty**, University of the District of Columbia, Psychology Department. Responsible for teaching undergraduate courses (2012-2013)

**Adjunct Faculty**, The Chicago School of Professional Psychology, Washington, DC campus, Clinical Psychology Master's Program. Responsible for teaching master level courses (2012-2013)

**Adjunct Faculty**, Howard University in the Counseling Psychology Department. Responsible for teaching graduate level courses (Spring, 2012)

**Teacher's Assistant**, Howard University in the College of Arts and Science, Psychology Program. Responsible for developing lectures, lecturing, and administering exams (2007)

**Adjunct Faculty**, Northern Virginia Community College, Extended Learning Institute, Responsible for teaching an online general psychology course, grading assignments, submitting grades, and corresponding with students (2006-2007)

#### **Publications--- \*Student co author**

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Peer Reviewed Scholarly Publications

**APUqdah, S.**, \*Hamit, S., & \*Scott, S (in press). African American Muslims: Intersectionality and cultural competence. *Counseling and Values*.

Fisher, S., Zapolski, T., **APUqdah, S.**, Stevens-Watkins, D., Arsenault, C., Barnes-Najor, J., (2018). Person–Environment Fit, substance use attitudes, and early adolescent substance use. *Substance Use and Misuse*. doi.org/10.1080/10826084.2018.1531426

Malone, C. M., **APUqdah, S. N.**, & Fisher, S. (2017). Exploring school psychologists' preparation for multicultural supervision. *Trainers' Forum*, 34(3), 62-74.

**APUqdah, S.**, Jenkins, K., & \*Aja, N. (2017). Empowering communities through social media. *Counseling Psychology Quarterly*. Doi: 10.1080/09515070.2017.1407747

**APUqdah, S.**, & \*Adomako, F. (2017). From Mourning to Action: African American Women's Grief, Pain, and Activism. *Journal of Loss and Trauma*. Doi:10.1080/15325024.2017.1393373

**APUqdah, S.**, \*Maxwell, C., & \*Hill, N. (2016). Intimate partner violence in the African American community: Risk, theory, and interventions, *Journal of Family Violence*, 10.1007/s10896-016-9819-x

**Al'Uqdah, S.**, Fisher, S., Malone, C., \*McGee, T., & Toldson, I.A. (2015). Impact of community violence on parenting behaviors and children's outcomes, *Journal of Negro Education*, 84(3), 428-441. doi: 10.7709/jnegroeducation.84.3.0428

#### Book Reviews

**Al'Uqdah, S.** (April, 2006). Talkin Back: Raising Resilient Black Girls, Book Review, *Journal of Negro Education*, 75(1), 68.

#### Non peer reviewed Scholarly Publications

**Al'Uqdah, S.** (2019, May). Co-Parenting: The most important and difficult thing, Society of Counseling Psychology Blog.

**Al'Uqdah, S.** (2019, February). Social Media & Activism, Society of Counseling Psychology Blog.

**Al'Uqdah, S.** (2019, January). Grief and Loss Following Gun Violence, Society of Counseling Psychology Blog

**Al'Uqdah, S.** (2016). Membership matters, *PsychDiscourse*, Fall 2016, 50(3), 2.

**Al'Uqdah, S.** (2016). The loss of Muhammad Ali and the crossroads of Muslims in America, *PsychDiscourse*, Summer 2016, 50(2), 2-4.

**Al'Uqdah, S.**, (Aug, 2008). Indigenous People and Climate, *Communique*, 32-33, American Psychological Association, Office of Ethnic Minority Affairs, Washington, DC

**Al'Uqdah, S.** (Aug, 2008). U.S. Health Disparities — U.N. Recommends Public Policy Remedies, *Communique*, 29-32, American Psychological Association, Office of Ethnic Minority Affairs, Washington, DC

**Al'Uqdah, S.**, Williams, V.S.L., & Robinson, E.L. (2003). HBCU student alcohol consumption: Aggressive experiences and alcohol expectancies. *University Undergraduate Research Journal*, 6, 145-163, North Carolina Central University, Durham, NC.

#### Referred Scholarly Presentations-- \* denotes current or former students

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**Al'Uqdah, S.**, Young, R.\*, & Hinkle, B. (2019, February). When gender isn't enough: Examining activism within the racial Majority. Presented at the Winter Roundtable, New York, New York.

**Al'Uqdah, S.**, Jenkins, K., & \*Ajaa, N. (2017, August). #Ethics: Exploring our ethics on social media. APA Annual Convention. Washington, DC

**Al'Uqdah, S.,** Malone, C., & Grant, S. (2016, August). Bringing peace to African American women in the academy. Roundtable discussion at the annual convention of the Association of Black Psychologists, Arlington, VA.

Malone, C. M., **Al'Uqdah, S.,** & Fisher, S. (2016, August). Multicultural supervision in school psychology. Poster presented at the annual convention of the American Psychological Association, Denver, CO.

**Al'Uqdah, S.** (2016, July). Intersectionality and African American Muslims: Towards Cultural Competence. Black Muslim Psychology Conference, Chestnut Hill College, Philadelphia, PA.

**Al'Uqdah, S.** & \*Dancy, B. (2015, March). When the Son Sets: Exploring Mothers' Loss and Ways of Healing. Presentation accepted at 40th Annual Conference of The Association for Women in Psychology, San Francisco, California.

\*Hamit, S., \*Powell, M., \*Minter, P., & **Al'Uqdah, S.** (2015, February). With Great Risk Comes Great Reward: Exploring the Greatness in African American Adolescents. Presented at the Winter Roundtable, New York, New York.

**Al'Uqdah, S.** (2014, July). Developing Cultural Competency in Counseling American Muslim Clients, Presentation accepted at International Congress for Cross-Cultural Psychology, Reims, France.

Williams, J., Scott, S., Dancy, B., Hawkins, L., **Al'Uqdah, S.** (2013, January). The Psyche of Christopher Dorner. Paper presented at ABPsi 45th Annual International Convention, New Orleans, LA.

**Al'Uqdah, S.** (2011, August) Fatoos: Exploring Severe Mental Illness in Rural Senegal, In N. Monterio (chair), Integrating Mental Health into the Primary Care Setting in Africa: Lessons from Rural Senegal. Presented at the American Psychological Conference, Washington, DC.

**Al'Uqdah, S.,** (2011, February) As-Salāmu `Alaykum: Giving Voice to the Muslim Experience in America . Presentation presented at 2011 Winter Roundtable Columbia University, Teachers College, New York, NY.

**Al'Uqdah, S.,** (2010, April) Exposure to Community Violence and Its Effect on Parents' and Children's Behavior. Poster Presentation presented at 2010 Graduate Research Symposium and Honors Day, Howard University, Washington, DC.

#### **Invited Presentations:**

Malone, C. & **Al'Uqdah, S.** (2018, June). Addressing Microaggressions and Discrimination to Build School Climate. Baltimore County Safe Schools Conference, Baltimore County, MD.

Malone, C. & **Al'Uqdah, S.** (2018, May). Improving School Climate by Addressing Microaggressions, Baltimore County Public Schools, Baltimore County, MD.

**Al'Uqdah, S.** (2017, April). Exploring Intersectionality. Multicultural Forum at Chestnut Hill College. Philadelphia, PA.

**Al'Uqdah, S.** (2016, October). Coparenting through Conflict, United Parenting Organization, Parenting Coordination Forum, Washington, DC.

**Al'Uqdah, S.** (2016, April). All the Muslims are Immigrants, All the Blacks are Christians: But some of us are Righteous Believers. Diversity Training Presentation for American Psychological Association Committee Meeting, Washington, DC.

**Al'Uqdah, S.** (2015, December). How to handle bullying. Prince George's Muslim Association How to Practice Self-care in the Age of Islamophobia Conference, Maryland

**Al'Uqdah, S.,** (2010, March). The Effects of Community Violence Exposure on Parents' Psychological Distress, Satisfaction with Life, Parental Emotional Socialization, and their Children's Reported Social Emotional Competence. Presentation presented at 2010 Overholser Day, Saint Elizabeths Hospital, Washington, DC.

**Al'Uqdah, S.,** (2010, March) The Effects of Community Violence Exposure on Parents' Mental Health and Socialization Practices: Implications for Preschoolers; Social Emotional Competence. Presentation presented at 2010 Phi Delta Kappa Research Forum, Howard University, Washington, DC.

**Al'Uqdah, S.,** (2008, January) Practical Classroom Strategies for Increasing Social Emotional Competency. Presentation presented at 2008 Winter DC Public School Head Start Program Professional Development, Gallaudet University, Washington, DC.

**Al'Uqdah, S.,** (2007, October) The Impact of Social Emotional Competence on Preschoolers' Behavior: Classroom Management Strategies. Presentation presented at 2007 Fall DC Public School Head Start Program Professional Development, University of Maryland, College Park, MD.

## **Grant Activity**

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Principal Investigator, Get In: A podcast aimed at increasing counseling psychology visibility, Division 17, American Psychological Foundation, (2018) Requested Amount: 2,000—unfunded

Principal Investigator, Using games to reduce stigma and prejudice among young adults, Visionary Grant, American Psychological Foundation, (2018) Requested Amount: 20,000—unfunded

Principal Investigator, Uniting Minds and Making Art @ Howard (Project Ummah), Building Bridges Grant Program (2017). Requested Amount: 100,000-- Unfunded

Principal Investigator, Exploring factors that promote risk and resiliency in families that experience parental incarceration, Project to conduct secondary data analysis on Fragile Family dataset. Funded by Howard University (2017). Award Amount: 15,000-- Funded

Principal Investigator, Center for Behavioral Wellness at Howard University, SAMHSA (2017). Requested Award Amount 439,000.--Unfunded

Principal Investigator, Cooperative Agreement between Howard University and National Institute of Justice, Funded project that provides a research assistantship for a talented doctoral student, Funded by NIJ (2016). Award Amount 67,000. --Funded

Principal Investigator, Psychology Graduates Training: Competencies and Needs regarding Urban Populations, Funded project to conduct pilot study of graduate students enrolled in psychology treatment programs preparedness to work with urban clients. Funded by Howard University (2014). Award Amount: 10,000-- Funded

Grant Reviewer- JAG Awards/DC Government. Responsible for reviewing 10 applicants for the DC JAG awards (2015).

## **Research Appointments**

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Research Fellow, Kendeya Community Health Partnership, Participated in a month long research and practicum experience in Senegal, Africa in order to explore the mental health needs of persons in Saraya, Senegal. Researched the experience of the severely mentally ill and possible gender difference in their treatment within their family compound. Responsible for developing focus groups, conducting interviews, and data entry. Data presented in the 2011 APA Conference. (2010)

Student Investigator, Howard University, Researched the impact of parental community violence exposure on parenting behaviors and their preschoolers' social and emotional competence. Responsible for survey development, data entry, literature reviews, survey administration, and data analysis. (2009)

Research Assistant, Howard University, Researched the impact of violence exposure on sexual decision making in adolescent African Americans and Latinas. Responsible for data entry, literature reviews, survey administration, and survey development. (2005)

Graduate Assistant, North Carolina Central University, Research on the effectiveness of an after school program on academic achievement of ethnic minority adolescents in California and

New Jersey. Responsible for data entry, statistical tutoring for graduate and undergraduate courses, and administrative duties (2002)

### **Public Speeches, Panelist, and Media**

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**Keynote**, University of the District of Columbia, Psi Chi Honor Society Induction, April 2017

**Guest Speaker**, Muslim Wellness Foundation, “Judge Sheila: Speak Upon the Ashes,” April 2017, <http://www.muslimwellness.com/judgesheila>

**Guest Interview**, Hello Beautiful, “Beat the Holiday Blues,” December 2016, <https://hellobeautiful.com/2916659/holiday-depression/>

**Media guest**, WHUR, Daily Drum, “Raising a Child with Disabilities,” November 2016, <http://whur.com/podcasts/daily-drum-insight-segment/raising-a-child-with-disabilities/>

**Media guest**, University of the District of Columbia TV Show, “A Healthy Mind.” Topic: Community Violence, July, 2016, <https://www.youtube.com/watch?v=WEUKeSErGas>

**Guest Speaker**, Townhall Dialogues. Topic: Stigma and Mental Illness in the Islamic Community, June, 2014

**Panelist**, P.E.A.K Night Panel Discussion. Topic: Fostering Positive Family Relationships, March 2014

**Guest Speaker**, International Mother’s Day. Topic: The Specialness in Moms, May 2012 <http://marthastable.org/momsdaycare.html>

**Media Guest**, HUR-VOICES and “The Health Chat.” Topic: Mental Health in the African American Community, July, 2012.

**Discussant & Facilitator**, University of the District of Columbia. Topic: Mooz-lum movie screening and discussion, March, 2011

### **Teaching and Advising**

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#### Courses Taught

- Externship in Counseling Psychology—2012-current
- Seminar in Counseling & Psychotherapy—Fall 2012
- Professional Roles—2015-2016
- Research Seminar—2013- current
- Advance Psychopathology—2013- current
- Internship in Counseling Psychology 2016-current

- Counseling Theories & Techniques—Fall 2012
- Systems Interventions 2013- current

#### Chicago School

- Cultural Diversity
- Research Methods
- Clinical Interviewing
- History and Systems
- Practicum

#### University of District of Columbia

- Critical Skills (undergraduate)
- Intro to Psychology (undergraduate)

#### Dissertation Committees

- Advisor- Mark Powell- proposal
- Advisor- Nancy Ajaa- proposal
- Advisor- Sahran Hamit- proposal
- Advisor- Parnell Minter- proposal
- Advisor- Vanessa Battiste
- Advisor- Kelechi Anyanwu
- Advisor- Casilda Maxwell
- Member- Nicholle Hill
- Member-NeishaAnn Thompson
- Member-G. Nicole Rider
- Member- Susanna Ferradas
- Member- Hoan Young
- Member- Vincent Walford
- Member- Johanna Williams
- Advisor- Tyne McGee
- Advisor- Delisa Brown
- Advisor-Vanessa Battiste
- Advisor-Naimah Sedegah
- Member-Zoeann Finzi-Smith
- Member-Raqiya Altwain
- Member- Taneisha McIntyre

#### Service

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##### Community

- Founder and Board Member, Muslims Preserving and Cultivating Community Ties, Organization that aims to increase community activism with young adult Muslims in Washington, DC. (2010-2013)
- Volunteer, Muslims Preserving and Cultivating Community Ties, Washington, DC.



## University

- Peer Reviewer, Faculty Senate Awards, (Dec, 2013)
- Faculty Senate Representative—Spring 2016
- HU Research Week- Spring 2016

## Departmental

- Departmental Secretary-- 2012-2014
- APA Reaccreditation Committee--2012-2015
- Clinical Training Coordinator of Counseling Psychology Program-- 2013-2016
- Educational Psychology Faculty Search Committee Member – Spring 2015 through Fall 2015
- Counseling Psychology Faculty Search Committee Member – Spring 2015 & Spring 2016
- Human Development Faculty Search Committee Member – Spring 2016
- Comprehensive Exam Committee Member- Fall 2015- current

## Clinical Appointments

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Founder & Chief Psychologist, Your Neighborhood Psychologist, Washington, DC Responsible for conducting psychological evaluations, individual therapy, immigration evaluations for persons seeking political asylum, and program evaluations. Clientele includes ethnic minorities, women, college students, and veterans. (Mar 2012- present)

Psychological Consultant, D. Gambles & Associates, Washington, DC Responsible for conducting individual therapy, psychological assessments, immigration evaluation, and social security disability examinations. Clientele included military families and ethnic minorities. (2010-2012)

Forensic Psychiatric Counselor, St. Elizabeths Hospital, Washington, DC. Responsible for running co-occurring disorder treatment program for maximum security patients found Not Guilty by Reason of Insanity. Provided individual and group treatment. Co led NA and AA groups as well. (2007-2008)

## Professional and Work Placements

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Student Intern, American Psychological Association, Office of Ethnic Minority Affairs, Washington, DC. Responsible for assisting department staff in various agency activities. Completed projects include: developing ethnic minority program listing for 2008 APA conference, writing articles for the Communiqué, updating listings for all HBCU, predominately minority serving institutions, predominately Hispanic serving institutions, and tribal colleges.

Program Assistant, Edward C. Byrnes Grantee Program, CJCC Washington, DC. Responsible for conducting focus groups, attending site visit, and assisting in collecting data for the evaluation of Edward C. Byrnes grantees. (2007-2008)

Student Intern, Substance Abuse and Mental Health Services Administration, (OPAC/CSAT), Rockville, MD. Responsible for planning and coordinating the 7th annual Dr. Lonnie E. Mitchell HBCU Substance Abuse Conference.

Program Specialist, United States Department of Agriculture, Cooperative State Research, Education and Extension Service, Washington, DC. Responsible for assisting senior staff in researching and developing information relevant to strategic plan and defend said information's relevance to higher level staffing.

### **Awards and Honors**

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Invited Participant, Junior Faculty Writing and Creative Works Summer Academy, Howard University Office of the Provost, 2017-2018

Distinguished Faculty of the Month, Human Development & Psychoeducational Studies- Awarded to faculty who display exceptional teaching, research, and service to the department and school. Awarded April, 2013.

Minority Fellow Program, Psychology Summer Institute Fellow- This is a program sponsored by American Psychological Associations. Fellows are advance graduate students and early career psychologists who demonstrate an interest in and potential for gaining faculty and/or research appointments. (2011)

1st place at Howard University's Annual Graduate Research Symposium- Awarded to a graduate student whose overall poster presentation demonstrated a high level of academic and research value (2010)

Phi Delta Kappa Dissertation Scholarship- Awarded to a graduate student whose dissertation added to the wealth of educational research (2007)

Agnes Jones Jackson NAACP Scholarship- Awarded to an outstanding graduate student, who has worked on the NAACP and serves the community. (2002)

Minority Access to Research Careers (MARC) Scholar- awarded to outstanding students in science-based departments; focus on starting research, attends conferences, and works with a mentor in similar field. (2000-2002)

Glaxo Smith Kline Scholar- Awarded to outstanding students in science based departments. (1999-2000)

University Scholar-Full scholarship for four years; awarded to exceptional high school seniors. (1998-2002)