

**Beverly C. Mims, Pharm.D. R.Ph.**  
**Associate Professor of Pharmacy Practice**  
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## **LICENSURE**

District of Columbia Board of Pharmacy (1979 - Present)  
State of Maryland Board of Pharmacy (2015 - Present)

## **CERTIFICATION**

Medication Therapy Management, American Pharmaceutical Association (2016)

## **EDUCATION**

**Doctor of Pharmacy** (August 1985 – May 1987)  
Howard University College of Pharmacy  
and Pharmaceutical Sciences  
Washington, DC

**Bachelor of Science** (August 1973 – May 1977)  
Howard University College of Pharmacy  
and Pharmaceutical Sciences  
Washington, DC

## **PROFESSIONAL EXPERIENCE**

**Associate Professor of Pharmacy Practice (*With Tenure*)** (July 1993 – Present)  
Howard University College of Pharmacy  
Department of Clinical and Administrative Pharmacy Sciences  
Washington, DC

**Assistant Professor** (December 1998 – Present)  
Howard University  
College of Medicine  
Department of Community and Family Medicine  
Washington, DC

**Assistant Professor** (July 1987 – June 1993)  
Howard University College of Pharmacy and  
Pharmaceutical Sciences Department  
of Pharmacy Practice  
Washington, DC

**Pharmacist (On-Call)** (April 2018 – Present)  
Fort Washington Medical Center  
Fort Washington, MD

**Ambulatory Care Pharmacist (On-Call)** (December 1996 – Present)  
Kaiser-Permanente Health Plan  
Washington, DC

**Consultant Pharmacist** (May 1994 – November 2001)  
Washington Center for Aging Services  
Washington, DC

**Ambulatory Care Pharmacist (On-Call)** (December 1991 – June 1996)  
Humana Health Plan  
Washington, DC

**Ambulatory Care Pharmacist (On-Call)** (May 1989 – December 1991)  
Group Health Plan Group  
Washington, DC

**Teaching Assistant** (July 1986 – May 1987)  
Howard University College of Pharmacy  
and Pharmaceutical Sciences  
Washington, DC

**Staff Pharmacist** (August 1980 - August 1985)  
District of Columbia General Hospital  
Washington, DC

**Community Pharmacist/Store Manager** (November 1979 - August 1980)  
Professional Pharmacy  
Washington, DC

**Pharmacist Graduate Intern** (November 1978 – November 1979)  
Professional Pharmacy  
Washington, DC

**Pharmacy Graduate Intern** (August 1977 – November 1978)  
Northwest Pharmacy  
Washington, DC

## **PROFESSIONAL EXPERIENCE**

**Chairperson**, District of Columbia Board of Pharmacy, Washington, DC (2001 - 2013)

**Secretary**, District of Columbia Board of Pharmacy, Washington, DC (1998- 2001)

**Member**, District of Columbia Board of Pharmacy (1994 -1997)

**Reviewer, HRSA-09-156** “Service Expansion in Comprehensive Pharmacy Services”, a \$3,000,000.00 competition; estimated number of awards 20; stated purpose: “Comprehensive pharmacy services are critical to improving the health status of communities served by health centers and reducing disparities in access to healthcare.” CFDA Number 93.224; Activity Code H80; Fiscal Year 2009; Competitive: Public Health Service Act; Title III, 330.

**Secretary to the Faculty** of the Howard University College of Pharmacy, Nursing and Allied Health Sciences School of Pharmacy (2000 – 2009)

**Secretary to the Faculty** of the Howard University College of Pharmacy 2009 – present)

**Member**, Howard University College of Pharmacy Executive Committee (2016 – present)

**Member**, Student Progression and Retention Committee, Howard University College of Pharmacy (2016 – present)

**Member**, Assessment, Evaluation and Planning Committee, Howard University College of Pharmacy (2010 – Present)

**Member**, Howard University Research Week Planning Committee (2015 – present)

**Chairman**, Howard University College of Pharmacy, Nursing and Allied Health Sciences Faculty Performance Evaluation Committee (2008 – 2010)

**Chairman**, Appointment, Reappointment, Tenure Committee Howard University School of Pharmacy Department of Clinical and Administrative Pharmacy Sciences (2009 - 2011)

**Member**, Appointment, Reappointment and Tenure Committee Howard University College of Pharmacy Department of Clinical and Administrative Pharmacy Sciences

**District News Editor**, National Association of Boards of Pharmacy- District of Columbia, Board of Pharmacy Quarterly Newsletter Publication (1998 – 2001)

**Member**, Howard University College of Pharmacy Nursing and Allied Health Sciences Student Grievance Committee (2005 - 2010)

**Chairperson**, Student Grievance Committee, Howard University College of Pharmacy Student Grievance Committee (1994 -1996 and 2010 – present)

**Member**, Faculty Grievance Committee, Howard University, School of Pharmacy (2001– 2004)  
**Chairperson**, Faculty Search Committee, Department of Clinical & Administrative Pharmacy Sciences Howard University School of Pharmacy (1995 – 1996)

**Member**, Executive Committee, Department of Clinical & Administrative Pharmacy Sciences Howard University School of Pharmacy (1993 – Present)

**Member**, Pharmacy and Therapeutics Committee, Howard University Hospital, Washington, DC (1990 – Present)

**Member**, Antibiotics Subcommittee, Howard University Hospital, Washington, DC (1991– 2010)

**Member**, Admissions, Recruitment, Retention Committee Howard University College of Pharmacy and Pharmaceutical Sciences (1991 - 1997)

**Faculty Advisor**, Student National Pharmaceutical Association, Howard University Chapter (1990 -2001 and 2007 – 2017)

## **TEACHING EXPERIENCE**

**Course Coordinator** for several courses in the Integrated Therapeutics Lecture and Lab series including Integrated Therapeutics I, Integrated Therapeutics Lab I, Integrated Therapeutics 2, Integrated Therapeutics Lab 2, and Integrated Therapeutics 3B (intermittent assignments 2005-2010) and Integrated Therapeutics Lab 3 (2005 – present)

**Clinical Preceptor**, Advanced Professional Practice Experience – (2016 – Present)

**Course Coordinator**, Drugs and the Elderly elective course (1993 – Present)

**Course Coordinator**, Therapeutics and Patient Care -Howard University College of Pharmacy (1992 - 2005)

**Clinical Preceptor**, Pharmacy Externship – Howard University College of Pharmacy (1987 – 2016)

**Course Co-Coordinator**, Therapeutics and Patient Care - Howard University College of Pharmacy (1987 – 1992)

**Lecturer**, Pathophysiology I, II, III course series – Howard University College of Pharmacy (1987 – 2000)

**Lecturer**, Clinical Pharmacy I, II, III course series – Howard University College of Pharmacy (1987 – 2000)

**Lecturer**, Clinical Pharmacology – Howard University College of Medicine Department of Community and Family Medicine (1992 – Present)

**Lecturer**, Medicine and Society – Howard University College of Medicine 2016 – Present)

**Lecturer**, Pharmacology - Howard University School of Nursing (1997 – 2000)

**Lecturer**, Clinical Pharmacology – Howard University College of Medicine Physician Assistant Program (1998 – 2016)

**Lecturer**, – Over-the-Counter Medications and Patient Care – Howard University College of Pharmacy (1987 – 2004)

**Lecturer**, – Dispensing – Howard University College of Pharmacy (1987 – 2004)

## **RESEARCH EXPERIENCE**

**Research Mentor** for Principles for Research Course (Research Proposal Preparation) Howard University School of Pharmacy Students (1998 – 2003)

“The Effect of Gabapentin on the Frequency of Vasomotor Symptoms in Post-Menopausal Women Aged 50 –70 Years: A Placebo Controlled Study.”  
Joy Campbell, Pharm.D. Student

“A Multi-Center Comparison of Lovastatin versus Garlic for the Treatment of Hyperlipidemia.”  
Teena Jacob, Pharm.D. Student

“Comparison of the Efficacy of Nebulized Budesonide versus Oral Methylprednisolone in the Treatment of Acute Exacerbation of Chronic Obstructive Pulmonary Disease.”  
Alexander Amokomowo, Pharm.D. Student

“Dose Response Effect of Amlodipine Therapy in Elderly African American Hypertensive Patients.” Audrey Boakye Pharm.D. Student

“The Effect of Risedronate Sodium on Bone Mineral Density of African American Women Aged 50 to 80 Years.” Sarita McGowens, Pharm.D. Student

“The Relationship of Measles, Mumps, and Rubella (MMR) Vaccine on the Development of Autism in Children of Nigerian Descent Living in the Washington, DC Metropolitan Area.”  
Alexandria Nnakike, Pharm.D. Student

“Comparative Study of the Efficacy and Safety of Peg-interferon Alfa - 2a and Peg- interferon - Alfa 2b and Their Combinations with Ribavirin in the Treatment of Chronic Hepatitis C.”  
Philip Owusu, Pharm.D. Student

“Does Highly Effective Antiretroviral Therapy Increase the Risk of Hypertension and Glucose Intolerance/Diabetes in African American Women Between the Ages of 25-35?”  
Jamila Jorden, Pharm.D. Student

“The Efficacy of Influenza Vaccination in Preventing Influenza Illness in a Population of Black, Male Smokers.” Michael A. Hudson, Pharm.D. Student

“Determinants of Patient Selection for Prescription Drug Services at Independent Pharmacies versus Chain Pharmacies.” Shantelle L. Lewis, Pharm.D. Student

“The Clinical Effect of Early Treatment with Sumatriptan for Migraine Headaches.” Bruce Miller, Pharm.D. Student

“Sedative Use and Aspiration Pneumonia in Elderly Minority Nursing Home Residents.” Adedayo Aderoju, PharmD. Student

“The Recurrence of Ductal Carcinoma in Situ (DCIS) in Women with a Familial History of Breast Cancer when Treated with or without Radiation plus Raloxifene.” Leslie N. Bonner, Pharm.D. Student

“The Use of Aspirin to Shorten the Duration of Illness in Patients Infected with the Common Cold.” Andrew M. Charles, Pharm.D. Student

“A Multi-Centered Placebo Controlled Cohort Study of the Effect of Atorvastatin vs. Placebo on LDL, Triglycerides and Total Cholesterol levels on the Elderly Asian Indian Women with Hyperlipidemia.” Erica Benson, Pharm.D. Student

“The Role of the Pharmacist in Home Medication Evaluation in Improving Compliance among African-American Parkinson’s Disease Patients to Entacapone Regimen.” Hausalynn Johnson, Pharm.D. Student

“Prevalence of and Factors Associated with Hormone Replacement Therapy Use in Korean Women.” Giao Xuan Bui, Pharm.D. Student

“The Effect of Glucosamine Sulfate and Chondroitin Sulfate versus Placebo on the Degradation of Articular Cartilage in Patients Aged 60 – 65 with Osteoarthritis.” Lenworth Dyer, Pharm.D. Student

“The Effects of Ginkgo Biloba versus Donepezil in Primary Degenerative Dementia of Alzheimer’s Type, Senile Onset.” Hala Tomhe, Pharm.D. Student

“The Effect of Pharmacists Mediated Training and Education on Weight, Fasting Glucose and Glycosylated Hemoglobin in African Americans with Type II Diabetes Mellitus in a Community Setting.” Kimberly Ellis Rains, Pharm.D. Student

“Determining the Clinical Efficacy of Pneumococcal Vaccine in the Elderly.” Deon White, Pharm.D. Student

“The Efficacy of Naloxone on Weight Reduction in Obese Subject.” Christina Kwun, Pharm.D. Student

**Research Advisor** to Doctor of Pharmacy Students Institutional Review Board Approved Proposals  
Howard University College of Pharmacy and Pharmaceutical Sciences  
(September 1993 – April 1997)

“Outcome of Therapy with Cefuroxime, Cefotaxime, Ceftriaxone, and Erythromycin in the Treatment of Community-Acquired Pneumonia in an Elderly Population”, Mary A. Roach, Pharm.D. Student

“The Relationship between Smoking and Compliance in an Elderly, Male, African-American Hypertensive Population”, Desmond T. Ivit, Pharm.D. Student

“A Comparison of Patterns of Medication Use by Ambulatory versus an In-Patient Elderly Minority Populations”, Caroline M. Gabriel, Pharm.D. Student

“A Comparison of Methods of Treatment, Perceptions, and Effectiveness in Alleviating Symptoms of Menopause in African- American Women”, Sherrise Y. Cumberlander, Pharm.D. Student

“Assessment of Hospital Admissions Due to Drug Related Illness in an Elderly Population”, Tara A. Parker, Pharm.D. Student

“Evaluation of Two Dosing Methods for Aminoglycosides in Elderly Patients”, Carol Yook-yung Lee, Pharm.D. Student

“Psychoactive Drug Use in a Metropolitan Nursing Home”, Wallene Z. Matthews, Pharm.D. Student (Co-Adviser)

“The Effect of Education on Laxative Use in a Community Dwelling Elderly”, Leslie Wayment, Pharm.D. Student

### **Publications**

- 2018 Mims, BC. Constipation, Diarrhea and Irritable Bowel Syndrome. In: Pharmacotherapy Principles and Practice Study Guide a Case-Based Care Plan Approach. 5<sup>th</sup> ed., New York, McGraw-Hill.
- 2017 Mims, BC, Curry, CE. Constipation. In: Pharmacotherapy Principles and Practice Study Guide a Case-Based Care Plan Approach. 4<sup>th</sup> ed., New York, McGraw-Hill.
- 2016 Curry CE, Mims BC, McKoy-Beach Y. Constipation, In: Chisholm-Burns, MA. et al., eds. *Pharmacotherapy principles and practice study guide*. 4th ed., New York. McGraw-Hill.

- 2014 Mims, BC, Curry, CE. Constipation, Diarrhea, and Irritable Bowel Syndrome. In: Chisholm-Burns, MA. Et al., eds. *Pharmacotherapy principles and practice*. 4th ed., New York. McGaw-Hill.
- 2013 Mims, BC, Curry, CE. Constipation, Diarrhea, and Irritable Bowel Syndrome. In: Chisholm-Burns, MA. et al., eds. *Pharmacotherapy principles and practice*. 3rd ed., New York. McGaw-Hill.
- 2011 Mims, BC, Curry CE. Constipation, In: Chisholm-Burns, MA. et al., eds. *Pharmacotherapy principles and practice study guide*. 1st ed., New York. McGaw-Hill.
- 2009 Mims BC, Curry CE. Constipation, Diarrhea, and Irritable Bowel Syndrome. In: Chisholm-Burns, MA. et al., eds. *Pharmacotherapy principles and practice*. 2<sup>nd</sup> ed., New York. McGaw-Hill.
- 2007 Mims BC, Curry CE. Constipation, Diarrhea, and Irritable Bowel Syndrome. In: Chisholm-Burns, MA. et al., eds. *Pharmacotherapy principles and practice*. 1<sup>st</sup> ed., New York. McGaw-Hill.
- 2005 Dutta AP, Daftary MN, Oke F, Mims B., et al Geriatric education in U.S. schools of pharmacy: A Snapshot. *Consult Pharm*.2005; 20:45-52.
- 1995 Cefalu CA, Kaslow LD, Mims, B. Follow-up of comprehensive geriatric assessment in a family medicine residency clinic. *J. Am Board Fam. Pract.* 1995; 8:1-7.
- 1992 Mims, BC. Quality Assessment and Improvement: Clinical Impact on Distribution in a Teaching Hospital, International Pharmaceutical Abstracts 1992
- 1990 Mims BC. **Medicating the Elderly in Harper MS (ed.). Minority Aging Essential Curricula Context for Selected Health and Allied Health Professions**, Health & Human Services Administration, Department of Health and Human Services. DHHS Publication No. JRS (PDV-9-4) Washington, DC, US Government Printing Office



### **Awards and Honors**

Bowl of Hygeia Award for Excellence in Pharmacy Practice Washington DC Pharmaceutical Association (2003)

Alumni Recognition Award, Howard University College of Pharmacy Alumni Association (1998)

Student National Pharmaceutical Association Faculty Advisor Award (2000)

Honored Faculty Howard University College of Pharmacy and Pharmaceutical Sciences Class of 1997

Honored Faculty Howard University COPPS Classes of 1996

Community Service Award The National Caucus and Center on Black Aged, Inc. New Directions Linkages to Wellness Program (1996)

### **Professional Affiliations**

Rho Chi National Pharmacy Honor Society

American Association of Colleges of Pharmacy

American Pharmacists Association

Washington Metropolitan Society of Health System  
Pharmacists