

## CURRICULUM VITAE

### Aunamesha Henley, DrPH

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## EDUCATION

- Doctor of Public Health (DrPH)** Loma Linda University  
School of Public Health  
(2015)  
*Dissertation Title: Culture and Physical Activity Among Black Female College Students: Applying the PEN-3 Model*  
*Department: Health Promotion & Education*  
*Chair: Diadrey-Anne Sealy, MSc, PhD*
- Master of Public Health (MPH)** George Mason University,  
Fairfax, Virginia  
(2011)  
*Department: Community Health Promotion*
- Bachelor of Science (B.Sc)** Howard University  
Washington, DC  
(2009)  
*Department: Nutrition and Dietetics*

## ACADEMIC POSITIONS

- 2017-Present**      **Assistant Professor and Program Director - Department of Health Sciences and Management** Howard University, Washington, DC.
- Developed and taught undergraduate health management courses such as Health Policy, Health Research Methods, Epidemiology, and Community Health.
  - Used instructional technology and service learning to enhance pedagogical technique.
  - Junior and Senior undergraduate advisor
  - Course curriculum development and program evaluator
  - Developed scope and sequence for program
  - Developed Hybrid Interprofessional Global Health Course
  - Created Standardized Assessment Tools and Rubrics

**2016- Present                      Adjunct Faculty-Department of Nursing and Health Professions,**  
Trinity Washington University, Washington, DC.

- Developed and taught introductory undergraduate nutrition courses.
- Used instructional technology and service learning to enhance pedagogical technique.

**2014- 2015 Co-Teacher**, Nutrition Education and School Garden, DC Public School.

**2012 – 2014    Research Assistant**, Department of Graduate Nursing, School of Nursing, Loma Linda University

- Performed research and academic work advancing the understanding of service learning and student retention interventions.

**2012- 2013 Graduate Teaching Assistant**, Department of Health Promotion & Education , School of Public Health , Loma Linda University.

- Full responsibility for one methods sections of Health Promotion Classes.
- Used instructional technology to enhance pedagogical techniques.

## **Publications**

Henley, Aunamesha, Williams, W., and Talbert, P.Y. The Barriers to Physical Inactivity Among Black Female College students : A Qualitative Study. (*In review*)

Williams, W., Alleyene, R., and Henley, A. The Root of Physical Inactivity Among African American Women Identifying Exercise Friendly Hairstyle. The Journal of the National Black Nurses Association. 2017; 28 (2): 26- 31

Henley A, Diadrey-Anne S, Hopp J et. al. Ethnic identity and physical activity among African, African American, and Black female college students. Int J Health Sci Res. 2016; 6(2):286-294

## **National Conference Presentations**

Lane, Sydney and Henley, Aunamesha (2019). Through Literacy Can We Increase the Number of Black Women Who Get Tested for Breast Cancer? Presented at Howard University Research Week, April 2019, Washington, DC.

Fails, Makayla., Cooper, Toni, and Henley, Aunamesha (2019).The Effect of Social Media on Young Adults and Their Intentions to Reduce Excess Exposure to Social Media. Presented at Howard University Research Week, April 2019, Washington, DC.

Henley, Aunamesha (2019). Cultural Identity and Physical Activity among Black Female College students . Presented at the LEADS Summit, March 1, 2018, San

Antonio, TX.

Alleyne, Rebecca and **Henley, Aunamesha** (2016). Overcoming Haircare as a Barrier to Physical Activity in US Black Women. Presented at the APHA Conference, November 1, 2016, Denver, Co.

Lewis, Fiona B., Ngewa, Rebekah N., **Henley, Aunamesha** (2016). Lessons about Paying it Forward: Stories from Early Career Women Professionals. Presented at the Black Doctoral Network Conference, October 28, 2016, Atlanta, GA.

Doe, Kafui Y. and **Henley, Aunamesha** (2016). Leveraging local policies and partnerships to promote the implementation of the Whole School, Whole Community, Whole Child Model (WSCC) in the District of Columbia, Washington, DC. Presented at American School Health Association October 6, 2016, Baltimore, MD.

Lewis, Fiona B. and **Henley, Aunamesha** (2016). "Students' Perspectives on Student Centered Obesity Prevention and Weight Management Programs", Oakwood University Faculty Development Research Symposium, April, 2016, Huntsville, Alabama.

**Henley, Aunamesha** (2016). Ethnic Identity and Physical Activity among African, African American, and Black Female College Students. Presented at Ninth Health Disparities Conference, March 1, 2016, New Orleans, LA.

Ngewa, Rebekah N., Mukaire, Pamela E., **Henley, Aunamesha**, Udeigbo, Tobechukwu J. (2015). Acculturation and Breast Cancer Screening among African Immigrants Women in Washington D.C. Metropolitan area. Presented at APHA, October 29, Chicago, IL.

## **GRANT REVIEWER**

June 2019- OAH - Replication of Programs Proven Effective through Rigorous Evaluation to Reduce Teenage

## **FUNDING**

- DC Community Initiative Grant ( *In review*)
- DC PREP GRANT  
Amount \$250,000.00 (March 2016)

## **AWARDS AND RECOGNITION**

Gates Millennium Scholarship 2005 -2015

Epsilon Tau Sigma, National Society of Allied Health 2009

## **MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS**

2012- present American Public Health Association

2013- present Academy of Nutrition and Dietetics

## **PROFESSIONAL INTERESTS**

Health Disparities  
Nutrition Education  
Community Health

Community Service Activities

- . *Healthy Rialto State of the Women Health Fair: Spring 2012 & 2013* Recruited student volunteers to provide biometric screenings and health education to participants.  
*Community Alliance for*
- . *Fontana Students Health Fair: Spring 2012* Recruited students to provide biometric screenings and health education.
- . **Healthy Heritage Movement Inc., Riverside, CA**
- . *Lovin' Our Body, Lovin' Our Heart: Spring 2013 Presenter-* Provided group health education for heart disease prevention. Responsible for providing biometric screenings and nutrition education to health fair participants.
- . *Empowering Myself-Cancer Prevention: Fall 2013 Presenter-* Provided health education for cancer prevention. *Black Barbershop Outreach: Spring 2012* Provided biometric screenings and health education to barbershop patrons.
- . *Power to End Stroke: Fall 2012 Presenter-* Provided group health education for stroke prevention.
- . *Weight of the Nation: Fall 2012 Panelist-* Served as an expert pan

**EngAGE, Rio Alto, CA**

*Cooking Class, Summer 2012*

Provided nutrition education and food demonstration for senior adults.

**CONTINUING EDUCATION**

CITI Human Subjects course completion, June 2014

Certified Child and Adolescent Functional Assessment Scale Trainer for the District of Columbia Schools, October 2016

Certified FLASH sexual health curriculum trainer, May 2016

Blackboard Certified May 2018

Distance Learning Certified June 2018